

# DECLÉOR

## RECHARGE YOUR LIFE *event!*

MONDAY 9TH - SUNDAY 15TH MARCH 2020

We're pulling out all the stops this week with a variety of workshops, demonstrations and French professional spa treatments from Decléor, who are dedicated to providing you with the most sought-after industry secrets on how to 'recharge' your life through a good night's sleep.

### Events happening every day this week

#### Beauty Bar Skin Workshop 2pm - Beauty Shop\*

Join our skincare gurus for a hands-on session and glass of prosecco. A fun afternoon so you can experience the very best of Decléor skincare.

#### Spa Ceremony

11:40am - Thermal Spa Entrance\*

Our Decléor expert will guide you through the application of cleansers, exfoliators, masks and moisturisers for the face. Places are limited. Please arrive in swimwear.

\*PLACES ARE LIMITED. PLEASE BOOK IN ADVANCE VIA BEAUTY SHOP

RECHARGE WITH OUR GREEN MACHINE SMOOTHIE PACKED WITH VITAMINS TO HELP GET YOU GLOWING FROM THE INSIDE OUT - **AVAILABLE FROM THE VERANDAH BAR**

*Plus*  
**TURN OVER TO SEE HOW TO RECHARGE YOUR FITNESS ROUTINE WITH OUR EXERCISE CLASSES**

### GIFT WITH PURCHASE



Worth  
£28.15

Receive this **FREE Decléor Wake Up And Go gift\*** with any purchase of two or more Decléor products.

**T&C's apply\***

### GIFT WITH TREATMENT



Worth  
£26.20

Book two or more specialised Decléor treatments in March and take home this **FREE Decléor Nourish Day & Night collection\***

Visit us at the Treatments Reception Desk, or call us on ext. 5250 to make a booking.

### MINI TREATMENTS

Join us to discover the power of essential oil skincare with a 30-minute taster treatment\* Choose from:

- Power Quench Hydrating Facial
- Express Yoga Lift Contour Facial
- Jaw and Neck Sculpt featuring Facial Pilates
- Foot and Leg Mint Energiser
- Satin Soft Hand Treatment
- Glow and Go Facial
- Dark Circle Eraser Eye Treatment

\*A redeemable booking fee of £20 applies. One taster treatment per guest, per promotion.

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## WHAT'S ON & MORE OFFERS

Day time

Night time

	MON	TUES	WED	THURS	FRI	SAT	SUN
Day time	<b>Cardio Waves</b> Exercise Pool 10.30-10.55am	<b>Zumba</b> Studio ONE 11.00-11.45am	<b>Aerobic Fat Burner</b> The Studio ONE 10.00-10.45am	<b>90/60/30 High Intensity Workout</b> The Studio TWO 10.30-11.15am	<b>Aerobic and Tone</b> Studio ONE 10.00-10.50am	<b>Legs, Bums and Tums</b> Studio ONE 9.00-9.45am	<b>HIIT the Water</b> Exercise Pool 9.30-9.55am
Night time	<b>Astrology - Studio TWO - 8.45</b> Open your mind to Astrology and take your knowledge of star signs to the next level	<b>Beauty Express Demo</b> <b>The Express</b> 8.45	<b>Dreams - Studio TWO - 8.45</b> Explore traditional, historical and modern approaches and uses of dream study.	<b>Live Music with Charlie</b> <b>The Garden Room</b> 8.45	<b>Decleor - The Atrium - 8.45</b> Join our Decleor experts for a fun, interactive talk and demo on how to boost your skincare	<b>Live Music with Charlie</b> <b>The Garden Room</b> 8.45	<b>Beauty Face Masks - Studio TWO - 8.45</b> Learn how to create face masks using ingredients that can be found in your kitchen cupboard.

### IN THE BOUTIQUE & GIFT SHOP

**£10 off Deck Pants**

**50% off selected FitFlops**

#### Fashion Tips Workshops\*

Monday, Wednesday and Friday in the Quiet Room at 3pm, hosted by Carol, Trudy and Julia

#### Footwear Workshops

Monday, Wednesday and Friday  
11 - 11.30am and 2.30 - 3.00pm

**\*Receive a £10 voucher for attendance. T&C's apply.**

### BEAUTY EXPRESS & HAIR STUDIO OFFERS

**10% off Lash Perfect treatment**

Fuller look NOW £85 (usually £94)  
Natural look NOW £57 (usually £63)

**15% off Cut and Blow Dry**

Long Hair NOW £54 (usually £64)  
Short Hair NOW £50 (usually £59)

### FOOD & DRINK OFFERS

#### Wine and Fizz Offer available in the Dining Room

Begin your meal with a choice of either a delicate glass or prosecco or spumante rose.

Then pair your main course with a choice of a 125ml delightful white, refreshing rose or smooth red.

**Only £8.15**

