



LIGHT THERAPY REBALANCE

Light Therapy emits energy in the form of red or blue light into the deeper layers of the skin. Light energy is found in every nerve, cell, gland and muscle of the body and each emits its own unique frequency vibration. The specific light wavelengths have a bio stimulatory action on the cells to normalise and rebalance the skin. Red Light – stimulates collagen production, increasing cell renewal and boosting the micro-circulation to plump and smooth the appearance of fine lines leaving skin feeling firmer and tighter. Blue Light - delivers a powerful anti-bacterial effect to minimise skin- bacteria. It will soothe and calm, whilst reducing redness with its anti-inflammatory properties.