WEEKLY BULLETIN

9th November to 15th November 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Purchase **two** or more Clarins products one to be skincare or foundation and receive the following Clarins gift set.



Purchase **three** or more Clarins products, receive this step up gift too!



PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops.

Tuesday - **ELEMIS**
Wednesday - **CLARINS**

Held in the Beauty Shop 5:00pm.

Scan the QR code and learn more about whats happening at the Hall this Autumn with our Seasonal Focus **'Rest'**



MAKE-UP IN MINUTES

Monday only

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover. Must be redeemed on the day of makeover.

A GIFT FOR YOU...

Purchase £50 worth of Sea Magik and receive **one** of the following full-size items.



Purchase £75 worth of Sea Magik and receive **another** full-size product.

sea MAGIK

MINI TREATMENTS

- Pro Ageing Mineral Facial
- Mud Scalp & Shoulder Soother
- Salt and Mud Foot Experience
- Salt and Mud Hand Experience

£25 booking fee redeemable against two or more Sea Magik PRO products.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

HIGHLIGHTS OF THE WEEK

CANDLE POOL MEDITATION

Monday, Tuesday & Wednesday | £20 | Candle Pool | 8.30am

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation.

SOUND BATHING

Monday | 2:00pm | Friday | 5.00pm | Soul Studio | £22

Join us for a guided journey to the centre of your being, nurturing the garden within. Through meditation and a candle ritual, you'll connect deeply with yourself, embrace your emotions, and create a sacred space for reflection and growth. Take home this meaningful practice to cultivate peace, intention, and the vibrant energy of winter.

THE ART OF SELF REIKI

Wednesday | 12.00pm | Soul Studio | £20

A gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

QIGONG*with Jon Jarvis*

Friday | 12.00pm | Soul Studio | £20

Discover the healing power of the Five Elements in this Qigong class. Through gentle, mindful movements and breathwork, you will balance your body, mind, and energy, supporting overall wellbeing and helping you thrive.

TREATMENTS

ELEMIS REFRESH & RESET FACIAL | 25 MINS | £52

Reveal radiant, refreshed skin with this results-driven facial, combining ELEMIS massage techniques with advanced skin technology. Personalise your treatment with a choice of:

ELEMIS Sculpting Cryotherapy – Helps reduce puffiness, sculpt facial contours, and leave skin looking instantly lifted and glowing.

ELEMIS Red Light Therapy – Advanced LED technology helps improve skin tone and texture while brightening and revitalising tired-looking skin.

**Please note this treatment is carried out in the Beauty Express.*

For more information and how to book your sessions, call 01664 433 043 or ext. 525.