

WEEKLY BULLETIN

17th August to 23rd August 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Purchase two or more Clarins products one to be skincare or foundation and **choose 4 Clarins** products to create your own gift set.



Gift Selection: Total Eye Smooth, Super Restorative Day Cream, One-Step Gentle Exfoliating Cleanser, Hand & Nail Treatment Cream, Hydra Essential Cream, Velvet Cleansing Milk, Extra-Firming Night Cream, Cryo-Flash Mask, Body Firming Extra Firming Cream or Beauty Flash Balm.

CLARINS

CLARINS MINI TREATMENTS

Book a 25-minute Clarins taster treatment.

Choose from:

- Clarins Radiance Booster Facial
- Clarins Sculpt & Uplift Facial
- Clarins Soothing Hand Ritual
- Personalised Make Up Consultation

£25 booking fee, redeemable when you purchase 2 or more Clarins products (one to be skincare or foundation). Subject to availability. Must be redeemed on the day.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **CLARINS**
Wednesday - **ELEMIS**
Thursday - **CLARINS**

Held in the Beauty Shop 5:00pm.

ADVANCED 3D SKIN ANALYSIS - ~~£15~~ - NOW £10

Bookable via Beauty Shop. Available daily.

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health. Find the best skincare product for you. Recommending Clarins, ELEMIS, Sea Magik and Medik8 skincare products.

£15 booking fee redeemable against the purchase of two recommended products after consultation.



Scan the QR code and learn more about what's happening at the Hall this Summer with our Seasonal Focus 'Adventure'

SPECIAL OFFER

HIGHLIGHTS OF THE WEEK

ENERGY RESET MEDITATION

Tuesday and Saturday | £18 | The Retreat | 10.30am

Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

THE ART OF SELF REIKI

Wednesday | 12.00pm | Soul Studio | £18

A gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

COCKTAIL DEMONSTRATION

Thursday | 3.30pm | Twilight Bar | £5 Redeemable

Experience a live cocktail demonstration with our expert mixologists. Watch as they craft signature drinks, learn about the balance of flavours and techniques, and enjoy tasting each creation. This session tests your knowledge with a fun quiz, and the winner receives a perfectly made cocktail. **£5 off cocktail voucher will be given to redeem against the price of a cocktail in the Twilight Bar.*

SHI-BA-SHI with Jon Jarvis

Friday | 12.00pm | Soul Studio | £18

Join Jon for a restorative Shi-ba-shi session, where gentle, flowing movements and mindful breathing help you slow down, release tension, and reconnect with yourself. This is your moment to pause, breathe, and step into a quieter kind of adventure. Whether you're new to Shi-ba-shi or returning to deepen your practice, Jon's thoughtful guidance creates a peaceful space to unwind.

TREATMENTS

NEW

ELEMIS REFRESH & RESET FACIAL | 25 MINS | £52

Reveal radiant, refreshed skin with this results-driven facial, combining ELEMIS massage techniques with advanced skin technology. Personalise your treatment with a choice of:

ELEMIS Sculpting Cryotherapy – Helps reduce puffiness, sculpt facial contours, and leave skin looking instantly lifted and glowing.

ELEMIS Red Light Therapy – Advanced LED technology helps improve skin tone and texture while brightening and revitalising tired-looking skin.

**Please note this treatment is carried out in the Beauty Express.*

WEEKLY BULLETIN

24th August to 30th August 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

CLARINS

Purchase two or more Clarins products one to be skincare or foundation and **choose 4 Clarins** products to create your own gift set.



Gift Selection: Total Eye Smooth, Super Restorative Day Cream, One-Step Gentle Exfoliating Cleanser, Hand & Nail Treatment Cream, Hydra Essential Cream, Velvet Cleansing Milk, Extra-Firming Night Cream, Cryo-Flash Mask, Body Firming Extra Firming Cream or Beauty Flash Balm.

AROMATHERAPY ASSOCIATES

A GIFT FOR YOU...

Available Thursday only

Purchase two or more Aromatherapy Associates products and receive a **free gift!**



Gift Selection: Rose bath & shower oil, Rose shower oil, Rose indulgent body cream and a canvas bag.

CLARINS

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover. Must be redeemed on the day of makeover.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **CLARINS**

Wednesday - **ELEMIS**

Thursday - **CLARINS**

Held in the Beauty Shop 5:00pm.



MINI TREATMENTS

Available Thursday only

Book a 25-minute Aromatherapy Associates taster treatment.

- Scalp Melt Away
- Leg & Foot Revival
- Hand & Arm Indulgence

£25 booking fee redeemable against the purchase of Aromatherapy Associates products after your treatment. Advanced booking required.



HIGHLIGHTS OF THE WEEK

ENERGY RESET MEDITATION

Tuesday and Saturday | £18 | The Retreat | 10.30am

Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

THE ART OF SELF REIKI

Wednesday | 12.00pm | Soul Studio | £18

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Join Jon for a restorative Shi-ba-shi session, where gentle, flowing movements and mindful breathing help you slow down, release tension, and reconnect with yourself. This is your moment to pause, breathe, and step into a quieter kind of adventure. Whether you're new to Shi-ba-shi or returning to deepen your practice, Jon's thoughtful guidance creates a peaceful space to unwind, reset, and leave feeling centred and refreshed.

COCKTAIL DEMONSTRATION

Thursday | 3.30pm | Twilight Bar | £5 Redeemable

Experience a live cocktail demonstration with our expert mixologists. Watch as they craft signature drinks, learn about the balance of flavours and techniques, and enjoy tasting each creation. This session tests your knowledge with a fun quiz, and the winner receives a perfectly made cocktail. *£5 off cocktail voucher will be given to redeem against the price of a cocktail in the Twilight Bar.

TREATMENTS

ELEMIS REFRESH & RESET FACIAL | 25 MINS | £52

Reveal radiant, refreshed skin with this results-driven facial, combining ELEMIS massage techniques with advanced skin technology. Personalise your treatment with a choice of:
ELEMIS Sculpting Cryotherapy – Helps reduce puffiness, sculpt facial contours, and leave skin looking instantly lifted and glowing.
ELEMIS Red Light Therapy – Advanced LED technology helps improve skin tone and texture while brightening and revitalising tired-looking skin.

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NEW



WEEKLY BULLETIN

31st August to 6th September 2026



THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

ELEMIS

Purchase 2 or more Elemis and receive the 'Pro Collagen Sensorial Escape'.

Limited to one gift per customer, whilst stocks last.



Gift Selection: Frangipani Monoi Shower Cream, Pro Collagen Black Cherry Cleansing Balm, Pro Collagen Marine Oil, Pro Collagen Marine Cream Spf30

ELEMIS

TASTER TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products. Must be redeemed on the day of treatment.

PREMIUM SKINCARE

WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **ELEMIS**

Wednesday - **CLARINS**

Thursday - **ELEMIS**

*Held in the Beauty Shop
5:00pm.*

ADVANCED 3D SKIN

ANALYSIS -

~~£15~~ - NOW £10

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health. Find the best skincare product for you. Recommending Clarins, ELEMIS, Sea Magik and Medik8 skincare products. *Bookable via Beauty Shop. Available daily. £15 booking fee redeemable against the purchase of two recommended products after consultation.*

CLARINS

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover. Must be redeemed on the day of makeover.

SPECIAL
OFFER

HIGHLIGHTS OF THE WEEK

CANDLE POOL MEDITATION

Monday, Tuesday & Wednesday | £18 | Candle Pool | 8.30am

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation.

ENERGY RESET MEDITATION

Tuesday and Saturday | £18 | The Retreat | 10.30am

Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

TEN TAI CHI with Jon Jarvis

Friday | 12.00pm | Soul Studio | £18

Discover the gentle art of movement, balance, and wellbeing. Ten Tai Chi offers relaxing, easy-to-follow classes designed to improve flexibility, strength, posture, and inner calm. Suitable for all ages and abilities, our sessions provide a welcoming space to reduce stress, boost energy, and enhance overall health through mindful movement.

COCKTAIL DEMONSTRATION

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Scan the QR code and learn more about what's happening at the Hall this Autumn with our Seasonal Focus 'Rest'



WEEKLY BULLETIN

7th September to 13th September 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Purchase **two** or more Clarins products one to be skincare or foundation and receive this exclusive gift.



Gift Selection: One step exfoliating cleanser, Hydra essential cream mask, Super restorative night cream and Wonder perfect 5D mascara

OR

Purchase **three** of more Clarins products and receive Exfoliating body scrub and Body firming extra firming cream too!



PREMIUM SKINCARE WORKSHOPS - £10

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Tuesday - **CLARINS**
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Thursday - **ELEMIS**

**Held in the Beauty Shop
5:00pm.**

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SOUND BATHING

Monday | 2:00pm | Friday | 5.00pm | Soul Studio | £20

Join us for a guided journey to the centre of your being, nurturing the garden within. Through meditation and a candle ritual, you'll connect deeply with yourself, embrace your emotions, and create a sacred space for reflection and growth. Take home this meaningful practice to cultivate peace, intention, and the vibrant energy of winter.

TREATMENTS

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