

WEEKLY BULLETIN

1st June to 7th June 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

ELEMIS

TASTER TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products.

Booking in advance required.

MAKE-UP

MASTERCLASS

Held daily in the Beauty Shop at 11.00am.

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop.

Scan the QR code and learn more about whats happening at the Hall this Summer with our Seasonal Focus 'Adventure'



ADVANCED 3D SKIN

ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health. Find the best skincare product for you. Recommending Clarins, ELEMIS, Sea Magik and Medik8 skincare products.

Bookable via Beauty Shop.

Available daily. £15 booking fee redeemable against the purchase of two recommended products after consultation.

PREMIUM SKINCARE

WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **CLARINS**

Wednesday - **ELEMIS**

Thursday - **CLARINS**

Held in the Beauty Shop

5:00pm.

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover.

HIGHLIGHTS OF THE WEEK

A SCENTED JOURNEY WITH AROMATHERAPY ASSOCIATES

NEW

Monday | The Beauty Shop | 3.00pm | Complimentary

This exclusive aromatherapy workshop invites you to explore the emotional and restorative power of essential oils. Guided by an expert from Aromatherapy Associates, you will experience their iconic blends, uncover the connection between fragrance and emotional wellbeing, and learn how to create a personalised spa ritual within your own home.

ENERGY RESET MEDITATION

Tuesday and Saturday | £18 | The Retreat | 10.30am

Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

SACRED DIRECTION MEDITATION with Jenifer Taylor

NEW

Thursday | 3.00pm | The Retreat | £18

Step into an adventure of self-discovery inspired by the four directions and ancient earth wisdom. Through breathwork, meditation, gentle drumming, and a hands-on healing demonstration, you'll reconnect with your intuition, rediscover your unique gifts, and honour the wisdom of those who came before you. A grounding and empowering journey inward, leaving you centred, inspired, and ready to embrace who you truly are.

THE ART OF SELF REIKI with Jon Jarvis

Wednesday | 12.00pm | Soul Studio | £18

A gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

SHI-BA-SHI with Jon Jarvis

NEW

Friday | 12.00pm | Soul Studio | £18

Join Jon for a restorative Shi-ba-shi session, where gentle, flowing movements and mindful breathing help you slow down, release tension, and reconnect with yourself. This is your moment to pause, breathe, and step into a quieter kind of adventure. Whether you're new to Shi-ba-shi or returning to deepen your practice, Jon's thoughtful guidance creates a peaceful space to unwind, reset, and leave feeling centred and refreshed.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

WEEKLY BULLETIN

8th June to 14th June 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

CLARINS

Available Monday to Thursday

Purchase two or more

Clarins products one to be skincare or foundation and choose 4 Clarins products to create your own gift set.



OR

Purchase three or more Clarins products and receive this gift too!



Gift Selection: While stocks last.

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover.

Must be redeemed on the day of makeover.



seaMAGIK

MINI TREATMENTS

Available Monday to Thursday only

- Pro Ageing Mineral Facial
- Mud Scalp & Shoulder Soother
- Salt and Mud Foot Experience
- Salt and Mud Hand Experience

£25 booking fee redeemable against two or more Sea Magik PRO products.

ELEMIS

Available Friday to Sunday only

TASTER TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products.

Booking in advance required.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **ELEMIS**

Wednesday - **CLARINS**

Thursday - **ELEMIS**

Held in the Beauty Shop 5:00pm.

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ENERGY RESET MEDITATION

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Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

INNER ALCHEMY with Jenifer Taylor

Thursday | 3.00pm | The Retreat | £18

NEW

An immersive workshop to pause, reconnect with your intuition, and embark on an inner adventure guided by life's meaningful signs. Through mindful exercises and reflection, awaken your inner power and bring clarity, balance, and a sense of wonder into everyday life.

IMPROVE YOUR HEALTH

ONE STEP AT A TIME with Dean Hodgkin

Thursday | 3.45am | Heart Studio | £18

NEW

In this informative talk, you'll explore the wide-ranging health benefits of walking for people of all ages and fitness levels, including reduced disease risk and improved longevity. With evidence-based insights and practical technique tips, you'll leave feeling informed, motivated, and ready to incorporate walking more intentionally into your daily routine.

A SCENTED JOURNEY WITH AROMATHERAPY ASSOCIATES

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