



# WEEKLY BULLETIN

25th May to 31st May 2026



THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

## BEAUTY SHOP

### A GIFT FOR YOU...

#### CLARINS

Purchase two or more Clarins products one to be skincare or foundation and receive this exclusive gift.



*Gift Selection: Multi Active Day Cream, Beauty Flash Balm, Lip comfort Oil 04, Total Eye Lift and Fresh scrub. While stocks last.*

### MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look. Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

*£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover.*

Scan the QR code and learn more about whats happening at the Hall this spring with our Seasonal Focus 'Thrive'



For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

### CLARINS MINI TREATMENTS

Book a 25-minute Clarins taster treatment.

#### Choose from:

- Clarins Radiance Booster Facial
- Clarins Sculpt & Uplift Facial
- Clarins Soothing Hand Ritual
- Personalised Make Up Consultation

*£25 booking fee, redeemable when you purchase 2 or more Clarins products (one to be skincare or foundation). Subject to availability.*

### ADVANCED 3D SKIN

#### ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health. Find the best skincare product for you.

Recommending Clarins, ELEMIS, Sea Magik and Medik8 skincare products.

*Bookable via Beauty Shop.*

*Available daily. £15 booking fee redeemable against the purchase of two recommended products after consultation.*

### PREMIUM SKINCARE

#### WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - **CLARINS**

Wednesday - **ELEMIS**

Thursday - **ELEMIS**

*Held in the Beauty Shop 5:00pm.*

## HIGHLIGHTS OF THE WEEK

### ENERGY RESET MEDITATION

**Tuesday and Saturday | £18 | The Retreat | 10.30am**

A 20-minute mini-practice to gently awaken the body and mind. In just a short time, mindful breathing, quiet reflection, and an uplifting story that focuses the mind can help release tension and set a calm, positive tone for the rest of your day.

### MOON INSPIRED MEDITATION with Jenifer Taylor

**Thursday | 3.00pm | The Retreat | £18**

Reconnect with the Moon, the land, and ancestral wisdom in this guided meditation. Explore the lunar cycles, release what no longer serves you, and plant intentions to support your wellbeing, helping you Thrive with clarity, balance, and renewed energy.

### COCKTAIL DEMONSTRATION

**Saturday | 3.30pm | Twilight Bar | Complimentary**

Experience a live cocktail demonstration with our expert mixologists. Watch as they craft signature drinks, learn about the balance of flavours and techniques, and enjoy tasting each creation. This session tests your knowledge with a fun quiz, and the winner receives a perfectly made cocktail.

### NORDIC WALKING

**Tuesday & Sunday | 2.00pm | Fitness Welcome Area | Complimentary**

Experience a live cocktail demonstration with our expert mixologists. Watch as they craft signature drinks, learn about the balance of flavours and techniques, and enjoy tasting each creation. This session tests your knowledge with a fun quiz, and the winner receives a perfectly made cocktail.

## TREATMENTS

### CLARINS SENSORY ESCAPE MASSAGE | 70 MINS | £116

A face and body experience that renews harmony through rhythmic massage techniques. Using the power of Clarins' essential oils and the expert hands of the therapists, this wellness treatment detoxifies the body, promotes better sleep, and leaves your skin radiant, supple, and glowing with positive energy.

### ELEMIS MINERAL BODY BLISS | 60 MINS | £110

A restorative treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This mineral-charged, full body massage offers skin conditioning benefits, metabolic balancing and energising wellness. The perfect treatment when the body is highly stressed, running on low energy or fatigued.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

# WEEKLY BULLETIN

1st June to 7<sup>th</sup> June 2026

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

## BEAUTY SHOP

### ELEMIS

#### TASTER TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

*£25 booking fee, redeemable against the purchase of two full size ELEMIS products.*

*Booking in advance required.*

#### MAKE-UP

#### MASTERCLASS

*Held daily in the Beauty Shop at 11.00am.*

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

*£10 booking fee redeemable when you purchase one or more Clarins products after the workshop.*

Scan the QR code and learn more about whats happening at the Hall this Summer with our Seasonal Focus 'Adventure'



#### ADVANCED 3D SKIN

##### ANALYSIS - £15

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*Bookable via Beauty Shop.*

*Available daily. £15 booking fee redeemable against the purchase of two recommended products after consultation.*

#### PREMIUM SKINCARE

##### WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice.

Tuesday - **CLARINS**

Wednesday - **ELEMIS**

Thursday - **CLARINS**

*Held in the Beauty Shop 5:00pm.*

#### MAKE-UP IN MINUTES

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Learn how to:

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## HIGHLIGHTS OF THE WEEK

### A SCENTED JOURNEY WITH AROMATHERAPY ASSOCIATES

NEW

**Monday | The Beauty Shop | 3.00pm | Complimentary**

This exclusive aromatherapy workshop invites you to explore the emotional and restorative power of essential oils. Guided by an expert from Aromatherapy Associates, you will experience their iconic blends, uncover the connection between fragrance and emotional wellbeing, and learn how to create a personalised spa ritual within your own home.

### ENERGY RESET MEDITATION

**Tuesday and Saturday | £18 | The Retreat | 10.30am**

Gently awaken the body and mind with mindful breathing, quiet reflection, and an uplifting story. As you release tension and set a positive tone for the day ahead, you'll feel ready to welcome new experiences and embrace the adventure woven into the everyday.

### SACRED DIRECTION MEDITATION with Jenifer Taylor

NEW

**Thursday | 3.00pm | The Retreat | £18**

Step into an adventure of self-discovery inspired by the four directions and ancient earth wisdom. Through breathwork, meditation, gentle drumming, and a hands-on healing demonstration, you'll reconnect with your intuition, rediscover your unique gifts, and honour the wisdom of those who came before you. A grounding and empowering journey inward, leaving you centred, inspired, and ready to embrace who you truly are.

### THE ART OF SELF REIKI with Jon Jarvis

**Wednesday | 12.00pm | Soul Studio | £18**

A gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

### SHI-BA-SHI with Jon Jarvis

NEW

**Friday | 12.00pm | Soul Studio | £18**

Join Jon for a restorative Shi-ba-shi session, where gentle, flowing movements and mindful breathing help you slow down, release tension, and reconnect with yourself. This is your moment to pause, breathe, and step into a quieter kind of adventure. Whether you're new to Shi-ba-shi or returning to deepen your practice, Jon's thoughtful guidance creates a peaceful space to unwind, reset, and leave feeling centred and refreshed.

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