



WEEKLY BULLETIN

2nd February to 8th February 2026



THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Spend £50 or more on Sea Magik products and receive **one** full sized product of your choice from the below selection.



Gift selection include: Pink salt shampoo, 3 Seaweed Mud Mask or Pro radiance mud mask While stocks last.

Spend £75 or more on Sea Magik products and receive **one more** full sized product too!



With every purchase over £20, you'll receive a free Sea Magik tote bag and Pink Salt Rock Hearts too!

CLARINS

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look. Learn how to:

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee redeemable when you purchase 2 or more Clarins products after your makeover.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop.

Held daily in the Beauty Shop at 11.00am.

sea MAGIK

MINI TREATMENTS

- Pro Ageing Mineral Facial
- Mud Scalp & Shoulder Soother
- Salt and Mud Foot Experience
- Salt and Mud Hand Experience

£25 booking fee redeemable against two or more Sea Magik PRO products.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - **CLARINS**
Wednesday - **ELEMIS**
Thursday - **ELEMIS**

Held in the Beauty Shop 5:00pm.

HIGHLIGHTS OF THE WEEK

ENERGY RESET MEDITATION

Tuesday and Saturday | £15 | The Retreat | 2.00pm

A 20-minute mini-practice to gently awaken the body and mind. In just a short time, mindful breathing, quiet reflection, and an uplifting story that focuses the mind can help release tension and set a calm, positive tone for your day.

GLOW WITH LOVE: ELEMIS SUPERFOOD WORKSHOP

Wednesday & Friday | 10.30am | Main Lounge | Complimentary

Be the first to indulge in a serene, hydrating workshop featuring the newly launched ELEMIS Superfood Essentials Collection. Discover glow-boosting formulas and learn expert tips on how to use your ELEMIS products for beautiful, radiant results.

GUIDED AWAKENING MEDITATION *with Jenifer Taylor*

Thursday | 3.00pm | The Retreat | £15

Welcome the new year with a guided meditation and sound journey led by Jenifer. Blending gentle hand-drum rhythms with breathwork and reflection, this calming session invites you to release the past, reconnect with yourself, and enter 2026 feeling nourished, grounded, and clear.

FASHION TIPS WORKSHOP

Monday, Wednesday & Friday | 3:00pm | Main Lounge | Complimentary

Join Trudy as she guides you through a fashion workshop, so you can update your wardrobe this season.

You'll also receive a £10 voucher for attending, redeemable when you spend £60 or more in the Boutique.

TREATMENTS

ELEMIS EXPERT TOUCH FACIAL | 50 MINS | £89

ELEMIS hands-on facials use expert touch and advanced formulas to prepare the skin, enhance absorption, and deliver visible anti-ageing results. Combining proven actives with skin-lifting massage, each treatment leaves your complexion refreshed and renewed.

Choose from:

Expert™ Touch Renew Facial – Hydrates, lifts, and firms while reducing the appearance of fine lines and wrinkles.

Expert™ Touch Reveal Facial - Resurfaces and smooths skin using Tri-Enzyme technology for a radiant glow.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.



WEEKLY BULLETIN

9th February to 15th February 2026



THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Receive a FREE ELEMIS gift set when you purchase two of more ELEMIS products.



Gift selection include: Pro collagen energising marine cleanser 30ml, Dynamic resurfacing pads, Pro collagen cleansing balm, Pro collagen marine cream spf 30 15ml. While stocks last.

ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products. Booking in advance required.

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Held daily in the Beauty Shop at 11.00am.

ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health. Find the best skincare product for you. Recommending Clarins, ELEMIS, Sea Magik and Medik8 skincare products. **Bookable via Beauty Shop. Available daily. £15 booking fee redeemable against the purchase of two recommended products after consultation.**

PREMIUM SKINCARE WORKSHOPS - £10

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Held in the Beauty Shop 5:00pm.

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A 20-minute mini-practice to gently awaken the body and mind. In just a short time, mindful breathing, quiet reflection, and an uplifting story that focuses the mind can help release tension and set a calm, positive tone for your day.

THE ART OF BREATHWORK *with Jon Jarvis*

Thursday | 12.00pm | The Retreat | £15

Step into a calming sound awakening experience to reset your mind and reconnect with your inner rhythm. Through gentle breathwork, soothing humming, and rhythmic OM chanting. Release tension, harmonise your breath, and ease the body. No experience is required, just bring an open heart and a willingness to connect with your breath and your voice.

RESTORATIVE RELAXATION

Tuesday, Thursday and Saturday | 4.00pm & 4.30pm | Soul Studio

Employing a mix of techniques to soothe both body and mind this class is suitable for all levels and ideal for anyone looking to recover, destress or simply find stillness in their day.

ORACLE CARDS AND GUIDANCE *with Jenifer Taylor*

Thursday | 3.00pm | The Retreat | £15

For over ten years, Jenifer has guided guests with Oracle Cards, helping bring clarity and insight for the next step of their journey. In this small group of six, a gentle opening meditation is followed by shared readings and reflections, inviting the question, "What do I need to know right now?" The experience offers a calm, intuitive space of connection and wisdom.

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