

WEEKLY BULLETIN

24th November to 30th November

BLACK FRIDAY

sale

28th November to 1st December

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

BLACK FRIDAY

sale

Available 28th
November to
1st December

TAKE ADVANTAGE OF OUR EXCLUSIVE BLACK FRIDAY PROMOTION:

10% OFF ALL CLARINS* PRODUCTS, PLUS A COMPLIMENTARY GIFT WITH PURCHASE WHEN PURCHASING TWO OR MORE CLARINS PRODUCTS.

20% OFF ALL OTHER PRODUCTS IN THE BEAUTY SHOP. *Gift with purchase not included.*

CLARINS ELEMIS seaMAGIK® Medik8

Please note: This offer is available for a limited time only and cannot be combined with any other discounts. **Offer valid from 28th to 1st December 2025.** *one clarins product to be skincare or foundation

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop.

Held daily in the Beauty Shop at 11.00am.

A GIFT FOR YOU...

Purchase two or more Clarins products one to be skincare or foundation and choose 4 Clarins products from the 'Big Beauty Gift' collection.

Choose from:

One step gentle exfoliating cleanser
Moisture rich body lotion
Cryo flash mask
Sos white primer
Total eye revive cream
Honey lip oil
Super restorative day cream
Beauty flash balm
Tonic showers concentrate
Multi active day cream

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - **CLARINS**
Wednesday - **ELEMIS**
Thursday - **CLARINS**
Held in the Beauty Shop 5:00pm.



HIGHLIGHTS OF THE WEEK

STRICTLY BALLROOM

Monday & Tuesday at 11:00am | Sunday at 10:00am
Soul Studio | Complimentary

Combining the elegance of ballroom with the energy of Latin, this fun and effective workout is suitable for all ages and abilities. No dance experience or partner is needed, our instructor will guide you step by step through easy-to-follow routines that will leave you smiling and energised.

RESTORATIVE RELAXATION

Tuesday, Thursday and Saturday | 4.00pm | Soul Studio

Employing a mix of techniques to soothe both body and mind this class is suitable for all levels and ideal for anyone looking to recover, destress or simply find stillness in their day.

CHRISTMAS WREATH MAKING

Thursday | 11:00am | Soul Studio | £48 *Limited space*

Celebrate the season with a festive workshop where you'll craft your own beautiful Christmas wreath. Using seasonal foliage and charming decorations, our talented florist, Katheryn will guide you step-by-step to create a unique piece perfect for your home.

THE ART OF SELF REIKI

Friday | 12.00pm | Soul Studio | £15

A gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

TREATMENTS

REBALANCING MASSAGE | £113 | 75 MINS

Relax your body, restore your energy, and ease muscle tension with this result-driven treatment. Choose between 'Tonic' Oil to help stimulate the body and mind or 'Relax' Oil to invoke a feeling of absolute calm.

CRYSTAL RETINAL AGE-DEFYING FACIAL 60 MINS | £155

A rejuvenating facial powered by Crystal Retinal and a sculpting massage, tailored to your skin's needs. Clinically proven to smooth wrinkles, boost radiance, and improve firmness in just one treatment.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

WEEKLY BULLETIN

1st December to 7th December

BLACK FRIDAY

sale

ENDS MONDAY 1ST DECEMBER

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Available Monday to Thursday

Receive a FREE ELEMIS gift set when you purchase **two** of more ELEMIS products.

Worth
£78



Available Monday to Thursday
ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of **two** full size ELEMIS products. **Booking in advance required.**

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Tuesday - **CLARINS**
Wednesday - **CLARINS**
Thursday - **ELEMIS**

Held in the Beauty Shop
5:00pm.

LAST CHANCE

BLACK FRIDAY

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PRODUCTS, PLUS A
COMPLIMENTARY GIFT
WITH PURCHASE WHEN
PURCHASING **TWO** OR
MORE CLARINS
PRODUCTS.

20% OFF ALL OTHER
PRODUCTS IN THE
BEAUTY SHOP.

Please note: This offer is available for
a limited time only and cannot be
combined with any other discounts.
Offer ends 1st December 2025.

*one clarins product to be skincare
or foundation

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Available Wednesday to Sunday

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foundation and choose 4
Clarins products from the 'Big
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FESTIVE BAUBLE PAINTING WITH CATHERINE SHAW

Tuesday | 4:00pm | Main Lounge | £37

Celebrate the season with a festive workshop where you'll craft your own beautiful Christmas wreath. Using seasonal foliage and charming decorations, our talented florist, Kathryn will guide you step-by-step to create a unique piece perfect for your home.

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