

RAGDALE HALL SPA

TREATMENT INFORMATION & PRICE LIST 2025 / 2026

At Ragdale Hall Spa we have curated an exceptional range of spa therapies. Some are classic treatments that you will know and love, others are exclusive to us, designed in collaboration with our skincare partners, industry-leading experts, and our in-house team of beauty therapists. We have been carrying out treatments on guests for over 30 years and understand how to tailor therapy choices to your unique needs and desires.

Please visit the treatments section of our website for detailed information about all of our treatments, and for seasonal offers and recommendations. You can contact our Treatments Advice Team who will be happy to guide you towards the best treatment for your health and happiness.

USEFUL INFORMATION

Booking your treatments

- Treatment bookings must be booked as part of a spa break, or spa day reservation.
- We recommend booking treatments as soon as your spa break or spa day booking is confirmed.
- Treatments are scheduled between 9am – 7.30pm. Specific timing requests can be taken but we are unable to confirm allocated times until your arrival. All treatment schedules are subject to change.
- Inclusive treatments that clash with specialist treatments or are unsuitable for medical reasons may be exchanged.
- Cancellations or no-shows may incur a charge
- Services and treatments are subject to change or withdrawal without prior notice.
- Prices include VAT and are valid from 1st April 2025.

Massage advice

Our firmest massages are Balinese, ELEMIS Expert™ Deep Tissue Tension-Ease Massage and SOS Remedial massage. Firm body massages work deep into the muscles which can cause soreness, discomfort or bruising.

Treatment tips

- A patch test is required 48-hours before High Definition brows, Lash Bomb, Brow Bomb, eyelash, and eyebrow tint treatments.
- Please ensure all nail polish and gel polish is removed prior to any hand and foot treatments.
- Our treatment team includes male and female therapists so please let us know in advance if you have a preference.
- Our inclusive facials use Clarins, ELEMIS and Sea Magik products. If you have a preferred product range, please advise us in advance.
- We recommend underwear or swimwear, and a robe is worn for most treatments. Loose, comfortable clothing is ideal for Shiatsu.
- Please leave jewellery and personal belongings in your locker or bedroom before your treatment. We accept no responsibility or liability for any valuables brought into the treatment rooms.
- Your comfort is our highest priority, so please contact us if you have any queries or concerns and we will ensure that you are getting the treatments that are best for you.



How to Contact Us

Treatments Advice Line
for bookings and further
information
01664 433 043

Ragdale Village
Nr Melton Mowbray
Leicestershire LE14 3PB
www.ragdalehall.co.uk
treatments@ragdalehall.co.uk

Spa Breaks and Spa Day
Reservation Line
01664 433 000

Please note, telephone calls may be recorded.

HANDS AND FEET

Gelcolor – up to 40 mins	£47
Created by Ragdale	
Restorative Hand, Foot & Scalp Therapy - 50 mins	£82
Clarins Heavenly Hands - 40 mins	£52
Clarins Sole Soother - 40 mins	£52
Exclusive to Ragdale	
Sole Delight Foot Treatment – 50 mins	£73

BODY MASSAGE

Balinese Massage – 90 mins	£141
Clarins Hot Stone Massage – 50 mins	£107
Clarins Muscle Ease Body Massage - 60 mins	£101
Clarins Rebalancing Massage – 75 mins	£113
ELEMIS Expert ™ Deep Tissue Tension-Ease Massage – 60 mins	£108
Full Body Massage – 50 mins	£92
Shiatsu – 55 mins	£94
Soothing Back Massage – 30 mins	£59
Spirit of La Stone Massage – 90 mins	£135
Thermal Stone Massage – 60 mins	£105
Created by Ragdale	
Soothe & Restore Scalp Ritual - 30 mins	£59
Equilibrium Massage – 40 mins	£75
MOT Wellness Massage – 80 mins	£127
S.O.S Remedial Massage – 70 mins	£101
Tropical Island Massage – 105 mins	£147

FACE AND EYES

Clarins Deluxe Expert Facials – 90 mins	£131
Clarins Serenity Facial – 60 mins	£97
ELEMIS Expert ™ Touch Facials– 50 mins	£89
ELEMIS Expert ™ Touch Define Facial – 80 mins	£126

Created by Ragdale	
Heavenly Holistic Facial – 40 mins	£65
Miracle Facial – 50 mins	£86

AESTHETICS

ELEMIS Expert ™ Tech Facials - 65 mins	£107
ELEMIS Expert ™ Tech Sculpt & Firm Facial – 85 mins	£135
Medik8 Brightening Platinum Facial – 55 mins	£115
Medik8 Total Skin Reset - 40 mins	£71
Microneedling - 40 mins	£108
Buccal Sculpting Face Massage - 40 mins	£65
Exclusive to Ragdale	
Cosmetic Accupuncture – 50 mins	£108
Medik8 Platinum Face & Body Rejuvenating Ritual – 110 mins	£186

TOP TO TOE

Clarins Wellbeing Beauty Sleep – 70 mins	£108
Exclusive to Ragdale	
ELEMIS Expert ™ Absolute Face & Body Ritual – 110 mins	£168
Sea Magik Pro Luxury Mineral Mud Infusion – 110 mins	£155

Medical Considerations
Some treatments are not suitable for those with medical conditions. These include certain illnesses or past procedures (for example metal plates, pins or pacemakers), certain prescription medications, any diagnosed conditions of the heart, restricted mobility, pregnancy and others.

Please contact our Treatments Advice Team on 01664 433043 for guidance on specific conditions and how they may impact your treatment options.

HOLISTIC

Access Bars – 40 mins	£65
Access Energetic Facelift ™– 60 mins	£88
Acupuncture – 50 mins	£108
Food Intolerance Test & Nutritional Consultation – up to 50 mins	£108
Hopi Ear Candles – 50 mins	£87
Hypnotherapy – 50 mins	£109
Hypnotherapy-Reiki – 50 mins	£109
Mind Body Memory – Vitamin & Mineral Imbalance – 50 mins	£108
Mind Band Weight Reduction – 55 mins	£131
Reflexology – up to 70 mins	£106
Reiki – 50 mins	£88
Created by Ragdale	
Body Balancing – 50 mins	£89
Crystal Sound Healing - 55 mins	£71
FloatAway - 45 mins	£61
Hopi Heaven – 60 mins	£98
Numerology - 50 mins	£66
Self Healing Massage – 80 mins	£115
Sensory Journey – 65 mins	£93
Sound Healing – 25 mins	£51

SCRUBS, FLOATS, DETOX & WRAPS

Clarins Expert Body Treatments – 70 mins	£105
Clarins Skin Smoother – 30 mins	£58
Dry Flotation Therapy – 30 mins	£46
ELEMIS Expert ™ Cleansing Salt Scrub – 30 mins	£58
ELEMIS Expert ™ Frangipani Flotation – 55 mins	£90
Sea Magik Pro Destress & Detox Mud Wrap – 55 mins	£91
Sea Magik Pro Hot Salt Rock Reviver – 45 mins	£68
Exclusive to Ragdale	
Sea Magik Pro Mineral Infusion Flotation – 50 mins	£86

MUMS-TO-BE

ELEMIS Expert ™ Peaceful Pregnancy Massage – 60 mins	£120
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THE BEAUTY EXPRESS

An open plan, salon style treatment area offering an extensive menu of treatments that will provide you with instant results. It is advisable to visit our website for full details. However, here is a taster of some of the treatments available:

Eyebrow Threading – up to 20 mins	£25
Eyebrow Tint – 10 mins	£25
Eyelash & Brow Tint – up to 25 mins	£41
Eyelash Tint – up to 25 mins	£31
Footlogix – Hard Skin Removal – 25 mins	£45
HD Brows – up to 40 mins	£48
Lash Bomb - 55 mins	£59
Brow Bomb - 55 mins	£57
Lip & Chin Threading – up to 15 mins	£25
Moisture Melt Foot Treatment – 25 mins	£50
Moisture Melt Hand Treatment - 25 mins	£50
Express Manicure - 25 mins	£46
Express Pedicure - 25 mins	£46

HEART + SOUL FITNESS

Bespoke Programmes	£48
Pairs Training	£37
Tennis Coaching (1 hour) *	£53

* Shared sessions available for two people at a 25% discount per person off listed price