

# RAGDALE HALL SPA

## TREATMENT INFORMATION & PRICE LIST 2024 / 2025

At Ragdale Hall Spa we have curated an exceptional range of spa therapies. Some are classic treatments that you will know and love, others are exclusive to us, designed in collaboration with our skincare partners, industry-leading experts, and our in-house team of beauty therapists. We have been carrying out treatments on guests for over 30 years and understand how to tailor therapy choices to your unique needs and desires.

Please visit the treatments section of our website for detailed information about all of our treatments, and for seasonal offers and recommendations. You can contact our Treatments Advice Team who will be happy to guide you towards the best treatment for your health and happiness.

## USEFUL INFORMATION

### Booking your treatments

- Treatment bookings must be booked as part of a spa break, or spa day reservation.
- We recommend booking treatments as soon as your spa break or spa day booking is confirmed.
- Treatments are scheduled between 9am – 7.30pm. Specific timing requests can be taken but we are unable to confirm allocated times until your arrival. All treatment schedules are subject to change.
- Inclusive treatments that clash with specialist treatments or are unsuitable for medical reasons may be exchanged.
- Cancellations or no-shows may incur a charge
- Services and treatments are subject to change or withdrawal without prior notice.
- Prices include VAT and are valid from 1st October 2024.

### Massage advice

Our firmest massages are Balinese, ELEMIS Deep Tissue and SOS Remedial massage. Firm body massages work deep into the muscles which can cause soreness, discomfort or bruising.

### Treatment tips

- A patch test is required 48-hours before High Definition brows, eyelash, and eyebrow tint treatment.
- Please ensure all nail polish and gel polish is removed prior to any manicure and pedicure treatments. We recommend wearing open-toed shoes for pedicures.
- Our treatment team includes male and female therapists so please let us know in advance if you have a preference.
- Our inclusive facials use Clarins, ELEMIS and Sea Magik products. If you have a preferred product range, please advise us in advance.
- We recommend underwear or swimwear, and a robe is worn for most treatments. Loose, comfortable clothing is ideal for Shiatsu.
- Please leave jewellery and personal belongings in your locker or bedroom before your treatment. We accept no responsibility or liability for any valuables brought into the treatment rooms.
- Your comfort is our highest priority, so please contact us if you have any queries or concerns and we will ensure that you are getting the treatments that are best for you.



### How to Contact Us

Treatments Advice Line  
for bookings and further  
information  
01664 433 043

Ragdale Village  
Nr Melton Mowbray  
Leicestershire LE14 3PB  
[www.ragdalehall.co.uk](http://www.ragdalehall.co.uk)  
[treatments@ragdalehall.co.uk](mailto:treatments@ragdalehall.co.uk)

Spa Breaks and Spa Day  
Reservation Line  
01664 433 000

*Please note, telephone calls may be recorded.*

## HANDS AND FEET

Classic Manicure – 40 mins	£48
Classic Pedicure – 40 mins	£48
Gelcolor – up to 40 mins	£45
Luxury Manicure – 50 mins	£65
Luxury Pedicure – 50 mins	£65

### Created by Ragdale

Holistic Sole Sensation – 45 mins	£70
Restorative Hand, Foot & Scalp Therapy - 50 mins	£77
Clarins Heavenly Hands - 40 mins	£52
Clarins Sole Soother - 40 mins	£52

### Exclusive to Ragdale

Clarins Nourishing Hand & Foot Ritual - 55 mins	£71
ELEMIS Sole Delight Foot Treatment – 50 mins	£70

## BODY MASSAGE

Balinese Massage – 90 mins	£135
Clarins Hot Stone Massage – 50 mins	£102
Clarins Muscle Ease Body Massage	

– 60 mins	£96
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Clarins Rebalancing Massage – 70 mins	£108
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ELEMIS Deep Tissue Massage – 60 mins	£103
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ELEMIS Mindful Massage – 90 mins	£126
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ELEMIS Mineral Body Bliss – 60 mins	£96
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Full Body Massage – 50 mins	£88
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Shiatsu – 55 mins	£89
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Soothing Back Massage – 30 mins	£56
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Spirit of La Stone Massage – 90 mins	£126
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Thermal Stone Massage – 60 mins	£100
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### Created by Ragdale

Equilibrium Massage – 40 mins	£72
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MOT Wellness Massage – 80 mins	£121
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S.O.S Remedial Massage – 70 mins	£97
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Soothe and Restore Scalp Ritual - 30 min	£56
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Tropical Island Massage – 105 mins	£140
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## FACE AND EYES

Clarins Deluxe Expert Facials – 90 mins	£125
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Clarins Serenity Facial – 60 mins	£93
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ELEMIS Pro-Glow Resurface Facial – 55 mins	£100
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ELEMIS Pro-Glow Smooth Facial – 75 mins	£118
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### Created by Ragdale

Heavenly Holistic Facial – 40 mins	£62
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Miracle Facial – 50 mins	£82
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## AESTHETICS

ELEMIS Pro-Glow Bespoke Biotec Facial +	£102
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– 60 mins	
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ELEMIS Pro-Glow Ultimate Biotec Facial +	
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– 90 mins	£133
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Medik8 Brightening Platinum Facial – 55 mins	£110
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Microneedling - 30 mins	£98
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### Exclusive to Ragdale

Cosmetic Accupuncture – 50 mins	£103
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Medik8 Platinum Face & Body Rejuvenating Ritual	
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– 110 mins	£178
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## TOP TO TOE

Clarins Wellbeing Beauty Sleep – 70 mins	£103
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### Exclusive to Ragdale

ELEMIS Signature Absolute Spa Ritual	
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– 110 mins	£160
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Sea Magik Pro Luxury Mineral Mud Infusion	
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– 110 mins	£148
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### Medical considerations

Some treatments are not suitable for those with medical conditions. These include certain illnesses or past procedures (for example metal plates, pins or pacemakers), certain prescription medications, any diagnosed conditions of the heart, restricted mobility, pregnancy and others.

Please ensure that you check our website for guidance on specific conditions and how they may impact your treatment options, or alternatively contact our Treatments Advice Team.

## WELLNESS

Access Bars – 40 mins	£62
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Access Energetic Facelift™ – 60 mins	£84
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Acupuncture – 50 mins	£103
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Food Intolerance Test & Nutritional Consultation	
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– up to 50 mins	£103
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Hopi Ear Candles – 50 mins	£83
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Hormone Harmony – 50 mins	£82
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Hypnotherapy – 50 mins	£104
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Hypnotherapy-Reiki – 50 mins	£104
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Mind Body Memory – Vitamin & Mineral Imbalance	
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– 50 mins	£103
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Mind Band Weight Reduction – 55 mins	£126
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Reflexology – up to 70 mins	£101
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Reiki – 50 mins	£84
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### Created by Ragdale

Body Balancing – 50 mins	£85
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Crystal Sound Healing - 55 mins	£68
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FloatAway - 45 mins	£57
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Hopi Heaven – 60 mins	£92
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Numerology - 50 mins	£63
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Self Healing Massage – 80 mins	£110
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Sensory Journey – 65 mins	£89
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Sound Healing – 25 mins	£49
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## SCRUBS, FLOATS, DETOX & WRAPS

Clarins Expert Body Treatments – 70 mins	£100
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Clarins Skin Smoother – 30 mins	£55
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Dry Flotation Therapy – 30 mins	£44
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ELEMIS Intensely Cleansing Salt Scrub	
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– 30 mins	£55
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ELEMIS Mindful Flotation – 55 mins	£86
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Sea Magik Pro Destress & Detox Mud Wrap	
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– 55 mins	£87
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Sea Magik Pro Hot Salt Rock Reviver – 45 mins	£65
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### Exclusive to Ragdale

Sea Magik Pro Tropical Coconut Flotation	
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– 50 mins	£82
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## MUMS-TO-BE

ELEMIS Peaceful Pregnancy Massage – 60 mins	£119
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## THE BEAUTY EXPRESS

An open plan, salon style treatment area offering an extensive menu of treatments that will provide you with instant results. It is advisable to visit our website for full details. However, here is a taster of some of the treatments available:

Eyebrow Threading – up to 20 mins	£24
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Eyebrow Tint – 10 mins	£24
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Eyelash & Brow Tint – up to 25 mins	£40
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Eyelash Tint – up to 25 mins	£30
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Footlogix – Hard Skin Removal – 25 mins	£43
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HD Brows – up to 40 mins	£46
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Lip & Chin Threading – up to 15 mins	£24
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Moisture Melt Foot Treatment – 25 mins	£48
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Moisture Melt Hand Treatment – 25 mins	£48
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## HEART + SOUL FITNESS

Bespoke Programmes	£46
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Pairs Training	£35
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Tennis Coaching (1 hour) *	£53
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\* Shared sessions available for two people at a 25% discount per person off listed price.