WEEKLY BULLETIN

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THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You

Purchase \pounds 100 or more Elemis and receive 'Refine and Rebalance' gift. Limited to one gift per customer, whilst stocks last.



ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

CLARINS MINI TREATMENTS

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products. I to be skincare.

ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop $\pounds 15$ booking fee redeemable against the purchase of two recommended products after consultation.

PREMIUM SKINCARE

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too! Tuesday - CLARINS Wednesday - ELEMIS Thursday - ELEMIS Held in the Beauty Shop at 5:00pm

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

HIGHLIGHTS OF THE WEEK

<u>TREE OF LIFE GUIDED MEDITATION</u> <u>Thursday 24th July | 3.00pm | Soul Studio | £15</u>

Join Jenifer for an immersive sound meditation session that combines the uplifting tones of a mini hand drum with guided reflections on personal renewal and growth. Each session invites you to connect deeply with the world around you and explore its significance through soothing melodies.

As we embrace the energy of summer, we'll focus on celebrating life and awakening our senses. We will connect with the warmth of the sun and harness the vibrant energy of the season to recharge our bodies and minds.

WILD WALK

Every Wednesday at 12.00pm and Saturday 3.00pm | Outdoors

Focusing on walking technique and your natural environment can become a form of meditation in motion. In addition to sunlight providing essential vitamin D, a key ingredient for healthy bones, the great outdoors can re-energise your brain, calm adrenaline levels and create a sense of clarity.

(Please wear suitable outdoor footwear for all weather conditions.)

TREATMENTS

PRO SEA MAGIK DESTRESS AND DETOX MUD WRAP 55-MINUTES | £91

The next best thing to gaining all the therapeutic benefits of bathing in the Dead Sea. After a full body exfoliation, a layer of gently warmed mineral-enriched Dead Sea Mud is applied to the skin, after which you receive a scalp massage to ease tension and clear your mind. Whilst the Dead Sea Mineral-infused mud works to de-stress and detoxify the body. The treatment concludes with an application of Spa Find Heavenly Hydration Body Lotion. Your body will be remineralised and your skin will feel smooth and nourished.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303