



WEEKLY BULLETIN



Join the conversation
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31st March to 6th April 2025

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You...

Purchase 2 or more Clarins products* one to be skincare or foundation and receive 4 of your 'Big Beauty Gift Treats'



PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Booking fee is redeemable against **two** skincare products
Held in the Beauty Shop at 5:00pm

ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop

£15 booking fee redeemable against the purchase of **two** recommended products after consultation.

CLARINS MINI TREATMENTS

- Glow Revive Facial
- Expert Firming Facial
- Relaxing Hand Ritual
- Nourishing Foot Treatment
- Refresh Your Makeup

£20 booking fee, redeemable against the purchase of **two** full size Clarins products. 1 to be skincare.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase two or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

TREATMENTS

ACCESS BARS - £65

A unique therapy where your therapist gently touches thirty-two points on your head. These points, known as Bars, store electromagnetic components of all the thoughts, stress, and locked up energy in your mind and body. They relate to all areas of your life such as creativity, awareness, hopes and dreams, joy, sadness and many more. The Access Bars technique allows the charge on these areas to be released to relieve stress, worry, mind chatter, aches, pains and energy levels are increased, and sleep is improved

HIGHLIGHTS OF THE WEEK

LIVING IN TUNE WITH THE SEASON - JENIFER TAYLOR

Thursday 3rd April - 10.30am - £15

Join Jenifer for a revitalising stroll through the beautiful grounds as she shares insights on connecting with the renewing energy of spring. She will guide you through simple rituals to awaken your senses, connect with the rising sun, and embrace nature's power to recharge your body and mind.

After the walk, enjoy a refreshing wellness tea in the lounge while exploring the importance of early morning rituals can set the tone for the day and how tuning into our intuition can guide us in achieving our goals.

Using our journals, we'll set intentions for the new season and reflect on how the vibrant energy of spring can help us bring our ideas and dreams to life.

EASTER LIVING WREATH WORKSHOP

Thursday 3rd April - 1.00pm - £45

Immerse yourself in a bespoke workshop with Kathryn from Beauty and the Rose, where you'll create an elegant, living spring wreath designed to grow and bloom over time. Using a moss base, you'll arrange bulbs, fresh seasonal blooms, and rich foliage to craft a beautiful botanical display. This sustainable design ensures your wreath will continue to grow and transform, offering natural beauty to your door throughout the season.

CANDLE POOL SOUND MEDITATION - 8.30AM - £15

Every Monday, Tuesday, Wednesday

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation. This unique experience provides the perfect opportunity to reconnect with yourself, calm your mind, melt away stress, and restore balance to both mind and body.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303