

WEEKLY BULLETIN

Join the conversation 

30th June - 6th July

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You

Purchase £100 or more Elemis and receive 'Glow Boosting Minis' gift. Limited to one gift per customer, whilst stocks last.



ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

A Gift For You *1st - 4th July only*

Purchase 2 or more Clarins products* one to be skincare or foundation and receive our 'Big Beauty Collection' exclusive gift. Limited to one gift per customer, whilst stocks last. Excludes accessories.



CLARINS MINI TREATMENTS

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

TREATMENTS

HEAVNELY HOLISTIC FACIAL - £65

A wonderful way to relax and promote a sense of wellbeing. This anti-ageing holistic facial uses the healing powers of Jade stone rollers to eliminate toxins, improve circulation and reduce puffiness. Using Daoyin Tao techniques and energy healing massage, working on the key meridians and focusing on massage to the face, neck and shoulders leaving you feeling uplifted and glowing.

SHIATSU - £94

Shiatsu is a traditional hands-on Japanese healing therapy. It can help in a wide range of conditions – from specific injuries to more general symptoms of poor health. Our highly experienced Shiatsu Practitioner will consider your state of health, the symptoms you are experiencing and, depending on your constitution and general energy levels, will use a variety of techniques to improve your energy flow. Shiatsu is a deeply relaxing experience and would be recommended as a one off to relieve a symptom or help prevent stress blockages.

HIGHLIGHTS OF THE WEEK

WILD WALK

Every Wednesday at 12.00pm and Saturday at 3.00pm
Outdoors | Complimentary

Focusing on walking technique and your natural environment can become a form of meditation in motion. In addition to sunlight providing essential vitamin D, a key ingredient for healthy bones, the great outdoors can re-energise your brain, calm adrenaline levels and create a sense of clarity. (Please wear suitable outdoor footwear for all weather conditions.)

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Monday - AROMATHERAPY ASSOCIATES

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Held in the Beauty Shop at 5:00pm

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303