

# WEEKLY BULLETIN

Join the conversation 

25<sup>th</sup> - 31<sup>st</sup> August

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A Gift For You

26<sup>th</sup> - 28<sup>th</sup> August

Spend of £50 or more on SeaMagik products receive the choice of ONE of the following full-sized products



#### SEA MAGIK MINI TREATMENTS

Pro Ageing Mineral Facial

Mud Scalp and Shoulder Soother

Salt and Mud Foot Experience

Salt and Mud Hand Experience

£25 booking fee redeemable against two or more Sea Magik PRO products.

#### A Gift For You

Purchase 2 or more Clarins products\* one to be skincare or foundation and receive our exclusive gift. Limited to one gift per customer, whilst stocks last. Excludes accessories.

#### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - CLARINS

Held in the Beauty Shop  
5:00pm

#### CLARINS MINI TREATMENTS

Get the rosy glow

Quick fix make up

Create stand out eyes

Get a perfect base

£25 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.



### HIGHLIGHTS OF THE WEEK

#### WILD WALK

Every Wednesday at 12.00pm and Saturday 3.00pm | Outdoors

Focusing on walking technique and your natural environment can become a form of meditation in motion. In addition to sunlight providing essential vitamin D, a key ingredient for healthy bones, the great outdoors can re-energise your brain, calm adrenaline levels and create a sense of clarity.

(Please wear suitable outdoor footwear for all weather conditions.)

### TREATMENTS

#### SOLE DELIGHT FOOT TREATMENT

50-MINUTES | £73

Your feet are gently cleansed and energised with warm mitts and an instant refreshing gel. Soothing body oil is applied in a dual motion with the application of hot stones to massage the soles of your feet and teasing out between your toes. This is followed by a luxurious foot bath and a conditioning foot mask will then be applied to your feet and you will be treated to a scalp massage. This treatment is guaranteed to leave you walking on cloud nine.

#### SOUND HEALING

25-MINUTES | £51

This deeply relaxing treatment will bathe the body in sound. This immersive treatment begins with meditation and deep yoga breaths followed by gentle body stretches from head to toe, preparing the body for the experience of sound. Vibrations created by Tibetan singing bowls can reduce stress and have a positive effect on the immune and nervous systems. This treatment can restore harmony and balance to the body by encouraging healing and deep relaxation for the mind, body and soul.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

