



# WEEKLY BULLETIN



Join the conversation  

12<sup>th</sup> - 18<sup>th</sup> May 2025

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

A Gift For You... 12<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup> only

Spend of £50 or more on SeaMagik products receive the choice of ONE of the following full-sized products



Receive a **free** 50ml Pink Salt Shampoo & 50ml Pink Salt Conditioner when you **book** in for a Sea Magik Treatment



#### PREMIUM SKINCARE WORKSHOPS - COMPLIMENTARY

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS  
Wednesday - ELEMIS  
Thursday - ELEMIS  
Held in the Beauty Shop at 5:00pm

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase two or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

### TREATMENTS

#### NEW - BUCCAL SCULPTING FACE MASSAGE - £65

A unique treatment designed to enhance facial contours and relieve tension. Combining traditional facial techniques with an internal massage of the cheeks to target tightness around the jaw and temples. This treatment promotes smoother, firmer skin, reduces puffiness, and boosts circulation, leaving you with a refreshed, glowing complexion. Ideal for those seeking a natural lift.

#### SKIN SMOOTHER - £58

Intensive double exfoliation deep cleanses and retextures for a body that is super soft, supple and smooth so skin looks fresher, brighter and more even-toned. The final touch is a deeply conditioning application of body lotion or aromatic essential oils.

### HIGHLIGHTS OF THE WEEK

#### TREE OF LIFE GUIDED MEDIATION WITH SOUND

Thursday 15<sup>th</sup> May - 3.00pm - £15 - Soul Studio

Join Jenifer for an immersive sound meditation session that blends the uplifting tones of a mini hand drum with guided reflections on personal renewal and growth. Each session invites you to connect deeply with the world around you and explore its significance through soothing melodies.

As we welcome the energy of spring, we'll concentrate on emerging from winter's slumber and awakening our senses. We will connect with the rising sun and harness the vibrant energy of spring to recharge our bodies and minds.

#### BALANCE FIT -

Every Tuesday 10.45am & Saturday 8.45am - Complimentary.

This unique class combines yoga, Pilates and strength moves all performed on a soft beam that is 5 feet long, 6 inches wide but importantly, only 3 inches the floor, providing a safe way to master balance skills. In addition, you'll improve muscle tone, posture, and mobility through a gentle, whole-body, sensory exercise experience. Falls are a serious threat to quality of life as we age so don't miss this ultimate way to protect your health by improving your balance

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

#### Pro Ageing Mineral Facial

A full cleansing, massaging and toning sequence, plus a nourishing mud mask to suit your skin type to leave your skin refreshed and glowing.

#### Mud Scalp and Shoulder Soother

Soothe your senses whilst reducing stress and tension from scalp, neck, and shoulders.

#### Salt and Mud Foot Experience

A warming treat for the feet that will leave them feeling nourished.

#### Salt and Mud Hand Experience

A gentle massage using our warmed Himalayan Salts to help renew your hands.

£20 booking fee redeemable against two or more Sea Magik PRO products.