

# HOT FOOD MENU

## MAIN COURSES

| Oven baked fish of the day, ginger, spring onion, chili and soy dressing. *Approx. 160 kcal*

Roast loin of pork, apple, honey & mustard glaze *125 kcal*

Malaysian vegetable curry (V) (T) (G) *135 kcal*

Penne pasta a la Norma (V) (T) *229 kcal* |



## SIDE DISHES

| Roast new potatoes, with rosemary and Maldon salt (V) *84 kcal*

Vegetable pilaf rice (V) *84 kcal*

Seasonal vegetables (V) *18 kcal*

Bramley apple and sage sauce (V) *12 kcal*

Jacket potato (V) *129 kcal* |

(V) – Suitable for Vegetarians | (T) – May contain traces of nuts | (D) – Contains Milk products | (G) – Cereals containing Gluten | (N) – Contains nuts

Please be aware that allergens are handled throughout our business. Some allergens may be listed on our menus but if you have any questions about the presence of food allergens, please ask before ordering. However, it is ultimately your responsibility to ensure that your food choices are suitable for personal consumption.