

WEEKLY BULLETIN

9th September to 15th September 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

Join the conversation



BEAUTY SHOP

A GIFT FOR YOU...

Receive a FREE Clarins gift set, when you purchase 2 or more Clarins products, 1 to be skincare or foundation. Choose your 4 favourites from the collection.

WORTH UP TO £84



CLARINS MINI TREATMENTS

- Radiance Boosting Facial
- Sculpt Uplift Facial
- Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

Held 11am daily in the Beauty Shop. £10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

NEW

OBSERV - SKIN ANALYSIS

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface.

This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance.

Bookable via Beauty Shop
*£25 booking fee redeemable against the purchase of two recommended products after consultation.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins and/or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Held at 5pm the Beauty Shop

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

NEW TO THE BEAUTY SHOP

Specially commissioned and made to high standards using only the quality grade long fibre pure mulberry silk, Slip provides the ultimate combination of shine, thickness, softness and durability. From hair scrunchies to silk pillowcases, enjoy a range of luxury products from Slip.

slip™



TREATMENTS

NEW SOOTHE AND RESTORE SCALP RITUAL- 30 MINS - £56

Begin with a deep breath as the scalp is gently massaged, combining a nourishing oil, massage tool and therapist hands. A mineral-infused mud mask nourishes the hair and scalp whilst cocooned in a warm towel, as you enjoy a blissful neck and shoulder massage to release tension and enhance relaxation.

ELEMIS CLEANSING SALT SCRUB - 30 MINS - £55

Release toxins in the body with this polishing treatment using fragranced salt to slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. A body brush will be used during the treatment to help stimulate blood circulation and aid exfoliation, ready for the skin to absorb the deeply nourishing body oil. You will leave with velvety soft, invigorated skin.

HIGHLIGHTS OF THE WEEK

SOUND BATHING - 45 MINS - £12

Using singing bowls, gongs, percussion, chimes and even the human voice to create a deep state of both physical and mental relaxation, bathe in sound in this meditative class. Held Monday at 2.00pm in the Heart+ Soul Fitness studios. Please book your space at Treatments Reception or call Ext 525.

MEDITATION WORKSHOP - £10 - 45 MINS

Turn your awareness internally and discover your inner-most self. This session provides practical guidelines to help you to master meditation with tips on how to make it part of your daily routine. Held Wednesday at 1:45pm in the Heart + Soul Fitness studios. To book your space at visit Treatments Reception or call Ext 525.

WALKING TO HEALTH TALK WITH DEAN HODGKIN - COMPLIMENTARY

Discover how walking offers many health benefits to people of all ages and fitness levels. Armed with some useful facts and technique tips, leave feeling inspired to get walking! Held Thursday in the Heart Studio at 3.45pm. Please book your space at Treatments Reception or call Ext 525.

CRYSTAL MEDITATION - 20 MINS - £11

Reset your goals, dreams or simply rebalance your energy with crystal meditation.

Held Monday Tuesday and Wednesday in The Retreat at 8:30am

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.