

# WEEKLY BULLETIN

8th July to 14th July 2024

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A GIFT FOR YOU...

Available Monday to Thursday

Spend £50 on Sea Magik and receive a **one** full sized product of your choice from the below selection:



OR

Mild Exfoliator OR Pro Radiance Mask

OR

Spend £75 and receive an additional Sea Magik product too!



OR

Smooth Body Lotion OR Eye & Neck Rejuvenator

### seaMAGIK<sup>®</sup> MINI TREATMENTS

Available Monday to Thursday

- Pro Ageing Mineral Facial
- Mud Scalp & Shoulder Soother
- Salt and Mud Foot Experience

£20 booking fee redeemable against two or more Sea Magik PRO products.

#### A GIFT FOR YOU...

Available Tuesday & Wednesday

Receive this **FREE** Medik8 gift when you spend £75 or more.



WORTH £57

### ELEMIS AND CLARINS PREMIUM SKINCARE WORKSHOP - £10

Join our Clarins and ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - ELEMIS  
Wednesday - CLARIN  
Thursday - ELEMIS

Held at 5pm the Beauty Shop

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

#### A GIFT FOR YOU...

Available Friday to Sunday

Receive this **FREE** ELEMIS gift set when you spend £100 or more.



### ELEMIS MINI TREATMENTS

Available Friday to Sunday

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of **two** full size ELEMIS products.

### MAKE-UP MASTERCLASS

Join our Clarins Expert as they guide you through the latest make-up trends and looks. Held **11am** daily in the Beauty Shop.

£10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

### TREATMENTS

#### MEDIK8 MOISTURE BOOST FACIAL - 25MINS - £47

Available Wednesday & Thursday

Receive a **FREE** a full-size Advanced Day Total Protect SPF 30, plus **50% off your treatment price** when spending £75 on Medik8 products. A professional enzymatic exfoliation, signature massage and Medik8's 2-step hydrating solution will reveal a brighter and beautifully glowing skin.

#### MEDIK8 TOTAL RESET FACIAL- 40 MINS - £68

Available Wednesday & Thursday

Receive a **FREE** a full-size Advanced Day Total Protect SPF 30, plus **50% off your treatment price** when spending £75 on Medik8 products. This treatment includes 3 powerful exfoliation methods for instant results with minimal downtime. It is the perfect introduction to a professional peel, revealing a youthful and perfected complexion.

### HIGHLIGHTS OF THE WEEK

#### MEDIK8 SKINCARE WORKSHOP - 45MINS -

#### COMPLIMENTARY

Join Aileen, the Medik8 expert, to discover the science of sun protection, and daily SPF. She will guide you through Medik8's SPF formulations, demonstrate techniques & answer any questions. Elevate your skincare regimen with expert insights and hands-on experience. Held Wednesday and Thursday at 2pm in the Beauty Shop. To avoid disappointment, book your space by visiting Treatments Reception or call Ext 525. Spaces are limited

#### RIDE- COMPLIMENTARY

Cycling benefits your heart, is gentle on your joints, helps to strengthen your body, and is environmentally friendly—what's not to love? Join us for a leisurely group ride through the rolling green countryside of Leicestershire. Weather dependent Held Wednesday at 11.45am. Please meet in the Fitness Welcome Area. To book your space visit Treatments Reception or call Ext 525.

#### TAI CHI - COMPLIMENTARY

Let our in-house master lead you into the realms of meditation in motion through graceful, fluid movements in this gentle health boosting practice. Held Monday, Wednesday and Friday at 3.45pm. Please meet in the Fitness Welcome Area. To book your space visit Treatments Reception or call Ext 525.

#### SUNRISE YOGA- COMPLIMENTARY

Start your morning outdoors using this soft practice to stretch and strengthen your body, clear your mind and set the tone of mindfulness for the rest of your day. Held Thursday at 7.30am. Please meet in the Fitness Welcome Area. To book your space visit Treatments Reception or call Ext 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.