



WEEKLY BULLETIN



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6th January to 12th January 2025

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You...

Available Friday to Sunday
Purchase 2 or more Elemis products and receive 'Cleanse and Replenish' gift. Limited to one gift per customer, whilst stocks last.



ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - CLARINS

Thursday - ELEMIS

Booking fee is redeemable against two skincare products Held in the Beauty Shop at 5:00pm

OBSERV - SKIN ANALYSIS

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop £15 booking fee redeemable against the purchase of two recommended products after consultation.

TREATMENTS

SKIN SMOOTHER - 30 MINUTES - £55

Intensive double exfoliation deep cleanses and retextures for a body that is super soft, supple and smooth so skin looks fresher, brighter and more even-toned. The final touch is a deeply conditioning application of body lotion or aromatic essential oils.

PRO TROPICAL COCONUT FLOTATION - 50 MINUTES - £82 EXCLUSIVE TO RAGDALE

Float away to a tropical paradise with this deeply nourishing treatment. Your body is cleansed, polished and cocooned in a delicious blend of coconut, lychee and sweet almond oil before being immersed into the dry flotation. You can simply close your eyes and drift away into deep relaxation whilst your scalp is expertly massaged using ancient Eastern techniques. A zesty citrus balm will be smoothed over your skin leaving you perfectly polished and beautifully soft for long lasting hydration.

HIGHLIGHTS OF THE WEEK

SOUND BATHING - 45 MINS - 2.00pm - £12

Monday 6th January

Embedded within many ancient cultures, using singing bowls, gongs, percussion, chimes and even the human voice to create deep state of both physical and mental relaxation. Bath in sound in this meditative class.

JOURNALING - 45 MINS - 3.45PM - COMPLIMENTARY

Tuesday 7th January

Writing down your feelings and reflections expressing emotions, setting goals or exploring your ideas can help to manage stress, organize thoughts and track personal development. Many people find it improves their mental health, accelerates personal growth and boosts creativity. Join us to learn how to master this highly beneficial self help practice .

ROLL, RELEASE, RELAX - 40 MINS - 3.45PM-

COMPLIMENTARY

Saturday 4th January

Experience deep tension relief and enhanced mobility in this class that focuses on releasing tightness and discomfort in the body's connective tissues, or fascia, through targeted self-massage techniques and gentle stretching. Using tools like foam rollers and massage balls, together with your body's natural pressure, you'll learn how to release knots, enhance mobility and reduce chronic pain.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.