

WEEKLY BULLETIN

5th August to 11th August 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

Join the conversation



BEAUTY SHOP

A GIFT FOR YOU...

Receive a FREE Clarins gift set, when you purchase 2 or more Clarins products, 1 to be skincare or foundation. Choose your 4 favourites from the collection.

WORTH UP TO £84



PREMIUM SKINCARE

WORKSHOPS - £10

Join our Clarins and/or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - ELEMIS

Wednesday - ELEMIS

Thursday - ELEMIS

Held at 5pm the Beauty Shop

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

NEW TO THE BEAUTY SHOP

Somewhere along the way, skincare got complicated. Faace is here to change the dialogue and help you adapt your routine to your skin's life cycles. From hormonal skin to sleep deprived skin, Faace products are 'fuss-free' skincare, designed for the 'everyday' to help you flourish.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

Held 11am daily in the Beauty Shop. £10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

CLARINS MINI TREATMENTS

- Radiance Boosting Facial
- Sculpt Uplift Facial
- Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

HD SKIN CONSULTATION - 15 MINS - £10

A 3D skin and facial mapping analysis using clinical imaging which works by taking six different photos of your skin. The results can determine how you can improve and protect your skin using a tailored ELEMIS skincare regime.

Held daily in our Beauty Shop, subject to availability.

£10 booking fee redeemable when you purchase 2 or more ELEMIS products.

TREATMENTS

SENSORY JOURNEY - 65 MINS - £89 - CREATED BY RAGDALE

Drift off to a place of calm through touch, smell & the harmonising sounds of the chimes as your Chakras are rebalanced. The combination of the healing touch of Reiki and yogic breathing will guide you into a deep state of relaxation creating a sense of inner peace and concludes with a choice of herbal tea.

ELEMIS CLEANSING SALT SCRUB - 30 MINS - £55

Release toxins in the body with this polishing treatment using fragranced salt to slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. A body brush will be used during the treatment to help stimulate blood circulation and aid exfoliation, ready for the skin to absorb the deeply nourishing body oil. You will leave with velvety soft, invigorated skin.

HIGHLIGHTS OF THE WEEK

WINE TASTING WITH TIM CAMPBELL - £10PP

Guests are invited for an afternoon wine tasting, designed to transport to sunnier climates with every sip. The tasting will feature a curation of organic, biodynamic, natural and low-alcohol wine.

Held Wednesday in the Twilight Bar at 1pm and 3pm.

BREATHE & LET GO WITH SEA MAGIK - £10

Join Sea Magik's Hayley, qualified Yoga instructor for a session of 'Magik' movement and meditation. Reveal a new sense of freedom and clear your mind and receive a FREE gift too!. Held Tuesday at 4pm in the Heart + Soul Fitness Studio, Please book your space at Treatments Reception or call Ext 525.

XCO WALK- COMPLIMENTARY - 45 MINS

Hand-held cylindrical tubes transform your usual walk into a full-body workout. The rhythm of your walking pace, combined with dynamic resistance, engages your core and enhances your cardiovascular health for an overall wellbeing workout. Held Saturday at 2pm. Please meet in the Fitness Welcome Area beforehand. To book your space at visit Treatments Reception or call Ext 525.

SUNSET TAI CHI TASTER - COMPLIMENTARY - 25 MINS

Immerse yourself with a series of easy to master mind and body exercises. Using gentle movements, discover a deeper sense of peace as breathwork, motion, and nature work perfectly together to restore your energy with the setting sun. Held Thursday at 7.00pm. Please meet in the Fitness Welcome Area. To book your space visit Treatments Reception or call Ext 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303



For more information and how to book your sessions, call 01664 433 043 or ext. 525.