# WEEKLY BULLETIN

Join the conversation

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22nd April to 28th April 2024

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

## BEAUTY SHOP

#### A GIFT FOR YOU...

#### Available Monday

Spend £50 on Sea Magik and receive a one full sized product of your choice from the below selection:



OR



- Crystallage Face Mask (Worth £58)
- Crystallage Face Wash 100ml (Worth £22)

Spend £75 and receive both full sized Crystallage products (as seen above)

# SEA MAGIK\* MINI TREATMENTS

#### Available Monday

- Pro Ageing Mineral Facial
- Mud Scalp & Shoulder Soother
- Salt and Mud Foot Experience

£20 booking fee redeemable against two or more Sea Magik PRO products.

# ELEMIS AND CLARINS PREMIUM SKINCARE WORKSHOP - £10

Join our Clarins and ELEMIS
Experts at one of our VIP evening
workshops. With expert advice on
skincare and a chance to win a full
sized product too!

Tuesday - ELEMIS Wednesday - CLARINS Thursday - ELEMIS

#### Held at 5pm the Beauty Shop

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

#### A GIFT FOR YOU...

Available Tuesday to Friday
Receive this FREE ELEMIS gift
set when you spend £100 or
more.



# ELEMIS MINI TREATMENTS Available Tuesday to Friday

Pro-Collagen Facial

- 110 Collageri racial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- · Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products.

#### A GIFT FOR YOU...

#### Available Saturday and Sunday

Receive a FREE
Clarins gift set, when
you purchase 2 or
more Clarins
products, I to be
skincare. Choose your
4 favourites from the
collection.



#### **CLARINS MINI TREATMENTS**

#### Available Saturday and Sunday

- Radiance Boosting Facial
- Sculpt Uplift Facial
- Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

£20 booking fee, redeemable against the purchase of two full size Clarins products. I to be skincare.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

### TREATMENTS

MICRONEEDLING - 40 MINS - £98 NEW

Microneedling is a non-invasive rejuvenation treatment which harnesses your skin's natural ability to repair itself. Using very tiny needles to puncture the surface of the skin, it stimulates a healing response, causing your skin to kickstart its collagen and elastin production. Microneedling is commonly used to improve the appearance of various skin concerns, including fine lines, wrinkles, acne scars, enlarged pores, and uneven skin texture.

#### HAY FEVER HEAVEN- 25 MINS - £43

Using Breaze oil and introducing cold stones, an acupressure massage will help to eliminate toxins, release pressure, ease sinus pain and instantly refresh allowing you to breathe more easily. A cooling eye mask will then be applied with an application of Breaze balm to your nose and temples, creating a natural barrier towards powered pollens and irritants.

### HIGHLIGHTS

# GROUPS SINGING WITH BECKY MACDONALD - COMPLIMENTARY WORKSHOP

Through engaging vocal exercises, breathing techniques, and the opportunity to sing a well-known song in harmony, celebrate the power of music and join Becky for an uplifting experience. No prior experience needed. Held Tuesday at 3pm in the Main Lounge, Please book your space at Treatments Reception or call Ext 525

### BREATHE & LET GO WITH SEA MAGIK - £10

Join Sea Magik's Hayley, qualified Yoga instructor for a session of 'Magik' movement and meditation. Reveal a new sense of freedom and clear your mind. Held Thursday at 4pm in the Heart + Soul Fitness Studio, Please book your space at Treatments Reception or call Ext 525.

#### MINERAL MASTERCLASS WITH SEA MAGIK - £10

Join Becky, one of Sea Magik's experts as she guides you through everyday routines using the powers of rich, natural dead sea minerals during this interactive talk. Held Thursday at 2pm in the Beauty Shop. Please book your space at Treatments Reception or call Ext 525. Spaces are limited.

#### SOUND BATHING - 45 MINS - £12

Using singing bowls, gongs, percussion, chimes and even the human voice to create a deep state of both physical and mental relaxation, bathe in sound in this meditative class. Held Friday in the Fitness Studios at 12.15pm. Please book your space at Treatments Reception or call Ext 525.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.