

# WEEKLY BULLETIN

Join the conversation



18th March to 24th March 2024

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A GIFT FOR YOU...

Receive a FREE Clarins gift set, when you purchase 2 or more Clarins products, 1 to be skincare. Choose your 4 favourites from the collection.



#### MAKE-UP MASTERCLASS

Would you like to learn how to create a new makeup look? Do you feel stuck in the same makeup routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

Held 11am daily in the Beauty Shop.

£10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

#### A GIFT FOR YOU...

Available Monday and Tuesday

Receive a FREE Medik8 Liquid Peptide, when you spend £75 or more on Medik8 products.



For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

#### CLARINS PREMIUM SKINCARE WORKSHOP - £10

Discover the perfect skincare routine with a free glass of wine and a chance to win a Clarins product too, it's not one to miss! Held Tuesday and Wednesday at 5pm in the Beauty Shop Booking fee is redeemable against 2 or more Clarins products purchased, 1 to be skincare.

#### ELEMIS PREMIUM SKINCARE WORKSHOP - £10

Join our ELEMIS specialists at our VIP evening workshop. With expert advice on skincare and a chance to win an ELEMIS product too! Held Thursday in the Beauty Shop at 5pm.

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

#### ELEMIS HD SKIN

##### CONSULTATION - 15 MINS - £10

A 3D skin and facial mapping analysis using clinical imaging which works by taking six different photos of your skin. The results can determine how you can improve and protect your skin using a tailored ELEMIS skincare regime. Held daily in our Beauty Shop, subject to availability. £10 booking fee redeemable when you purchase 2 or more ELEMIS products.

#### MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look. £20 booking fee redeemable when you purchase 2 or more Clarins products 1 to be skincare.

### TREATMENTS

#### NOURISHING HAND AND FOOT RITUAL - 55 MINS - £71

Experience the perfect tension reliever for an exquisite feeling of lightness in the hands and feet using luxurious Clarins products. This rejuvenating treatment includes cuticle care, an intensive exfoliation, and a hydrating mask to restore moisture. A deeply relaxing hand and foot massage combines the calming benefits of acupuncture and warm hot stones, leaving your hands and feet feeling nourished, smoother, and refreshed.

#### CLARINS WELLBEING BEAUTY SLEEP MASSAGE - 75 MINS - £103

It's called beauty sleep for a reason because a lack of sleep can take its toll on your skin. Using specially selected products and gentle massage movements on the body and face, you'll be relaxed from head to toe. With immediate beauty results and long-term well-being benefits. Skin is soothed, radiant, and refreshed, whilst stress is diminished.

#### ELEMIS PRO-GLOW ROSE FACIAL - 75 MINS - £112

This dreamy, limited-edition facial indulges and awakens the senses, transporting you to an English rose garden. Specialised lifting massage techniques combined with anti-aging formulations can leave the skin more youthful and uplifted. An exceptional result-driven anti-ageing facial clinically proven\* to reduce the appearance of wrinkles and improve skin firmness. Independent clinical trials\*

### HIGHLIGHTS

#### PRACTICAL TOOLS FOR SLEEP- 60 MINS - £10

In this rejuvenating session, our Sleep Expert, Sarah-Louise combines breathing techniques, self-soothing scalp and hand massages, gentle stretches and guided meditation whilst accompanied by the ethereal tones of singing bowls to help you relax and enhance the quality of your sleep. This workshop is a holistic approach to achieving a peaceful night's rest. Held Wednesday at 8:30pm in the Soul Studio. Please book your space at Treatments Reception or call Ext 525.

#### LEADING THOUGHTS WITH CLARINS - RELAX THE MIND AND BODY FOR A BETTER NIGHT'S SLEEP - COMPLIMENTARY

The impact of poor sleep can be felt in all areas of your life, join our Clarins expert as we share our secrets to unwind, relax and erase a stress filled day. Rebalance the mind and body using aromatherapy and massage techniques to help assist in creating a peaceful night's sleep. Held Thursday at 2:30pm in the Main Lounge. Please book your space at Treatments Reception or call Ext 525.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.