

WEEKLY BULLETIN

15th July to 21st July 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

Join the conversation



BEAUTY SHOP

A GIFT FOR YOU...

Receive a FREE Clarins gift set, when you purchase 2 or more Clarins products, 1 to be skincare or foundation.

WORTH
£85



CLARINS MINI TREATMENTS

- Radiance Boosting Facial
- Sculpt Uplift Facial
- Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

ELEMIS AND CLARINS PREMIUM SKINCARE WORKSHOP - £10

Join our Clarins and ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - ELEMIS

Wednesday - ELEMIS

Thursday - CLARINS

Held at 5pm the Beauty Shop

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

Held 11am daily in the Beauty Shop.

£10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

ELEMIS HD SKIN CONSULTATION - 15 MINS - £10

A 3D skin and facial mapping analysis using clinical imaging which works by taking six different photos of your skin. The results can determine how you can improve and protect your skin using a tailored ELEMIS skincare regime.

Held daily in our Beauty Shop, subject to availability.

£10 booking fee redeemable when you purchase 2 or more ELEMIS products.

NEW TO THE BEAUTY SHOP

Specially commissioned and made to high standards using only the quality grade long fibre pure mulberry silk, Slip provides the ultimate combination of shine, thickness, softness and durability. From hair scrunchies to silk pillowcases, enjoy a range of luxury products from Slip.



TREATMENTS

SENSORY JOURNEY- 65 MINS - £89 - CREATED BY RAGDALE

Drift off to a place of calm through touch, smell & the harmonising sounds of the chimes as your Chakras are rebalanced. The combination of the healing touch of Reiki and yogic breathing will guide you into a deep state of relaxation creating a sense of inner peace and concludes with a choice of herbal tea.

ELEMIS CLEANSING SALT SCRUB - 30 MINS - £55

Release toxins in the body with this polishing treatment using fragranced salt to slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. A body brush will be used during the treatment to help stimulate blood circulation and aid exfoliation, ready for the skin to absorb the deeply nourishing body oil. You will leave with velvety soft, invigorated skin.

HIGHLIGHTS OF THE WEEK

NORDIC WALKING- COMPLIMENTARY

Using specially designed poles, enhance your natural walking experience in our beautiful grounds. With a technique similar to the upper body action of cross-country skiing, this whole body exercise can help improve your posture, reduce tension and strengthen your lower back. Held Tuesday at 2pm and Friday at 11am. Please meet in the Fitness Welcome Area beforehand. To book your space at visit Treatments Reception or call Ext 525.

FASHION TIPS WORKSHOP

Join Carol, Trudy and Bizzle as they guide you through a fashion workshop, so you can update your wardrobe this season. You'll also receive a £10 voucher for attending, redeemable when you spend £60 or more in the Boutique.

Held Monday and Wednesday in the Main Lounge at 3pm.

SOUND BATHING - 45 MINS - £12

Using singing bowls, gongs, percussion, chimes and even the human voice to create a deep state of both physical and mental relaxation, bathe in sound in this meditative class. Held Friday in the Fitness Studios at 12.15pm. Please book your space at Treatments Reception or call Ext 525.

WALKING TO HEALTH TALK WITH DEAN HODGKIN - COMPLIMENTARY

Discover how walking offers many health benefits to people of all ages and fitness levels. Armed with some useful facts and technique tips, leave feeling inspired to get walking! Held Tuesday in the Heart Studio at 3.45pm. Please book your space at Treatments Reception or call Ext 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.