

WEEKLY BULLETIN

Join the conversation



15th April to 21st April 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Receive a FREE Clarins gift set, when you purchase 2 or more Clarins products, 1 to be skincare. Choose your 4 favourites from the collection.



CLARINS MINI TREATMENTS

- Radiance Boosting Facial
- Sculpt Uplift Facial
- Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

CLARINS PREMIUM SKINCARE WORKSHOP - £10

Discover the perfect skincare routine with a free glass of wine and a chance to win a Clarins product too, it's not one to miss!

Held Tuesday at 5pm in the Beauty Shop

Booking fee is redeemable against 2 or more Clarins products purchased, 1 to be skincare.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

Held 11am daily in the Beauty Shop.

£10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

ELEMIS PREMIUM SKINCARE WORKSHOP - £10

Join our ELEMIS specialists at our VIP evening workshop. With expert advice on skincare and a chance to win an ELEMIS product too! Held at 5pm Wednesday and Thursday the Beauty Shop.

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

ELEMIS HD SKIN CONSULTATION - 15 MINS - £10

A 3D skin and facial mapping analysis using clinical imaging which works by taking six different photos of your skin. The results can determine how you can improve and protect your skin using a tailored ELEMIS skincare regime. Held daily in our Beauty Shop, subject to availability. £10 booking fee redeemable when you purchase 2 or more ELEMIS products.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

TREATMENTS

MICRONEEDLING - 40 MINS - £98 NEW

Microneedling is a non-invasive rejuvenation treatment which harnesses your skin's natural ability to repair itself. Using very tiny needles to puncture the surface of the skin, it stimulates a healing response, causing your skin to kickstart its collagen and elastin production. Microneedling is commonly used to improve the appearance of various skin concerns, including fine lines, wrinkles, acne scars, enlarged pores, and uneven skin texture.

ELEMIS MINDFUL FLOATATION - 55 MINS - £86

On a comfortable specialised treatment bed, this dry experience will give your body a sense of weightlessness whilst you enjoy a soothing facial and de-stressing scalp massage for skin that has never felt silkier.

HAY FEVER HEAVEN- 25 MINS - £43

Using Breaze oil and introducing cold stones, an acupressure massage will help to eliminate toxins, release pressure, ease sinus pain and instantly refresh allowing you to breathe more easily. A cooling eye mask will then be applied with an application of Breaze balm to your nose and temples, creating a natural barrier towards powered pollens and irritants.

HIGHLIGHTS

GROUPS SINGING WITH BECKY MACDONALD - COMPLIMENTARY WORKSHOP

Through engaging vocal exercises, breathing techniques, and the opportunity to sing a well-known song in harmony, celebrate the power of music and join Becky for an uplifting experience. No prior experience needed. Held Tuesday at 3pm in the Main Lounge, Please book your space at Treatments Reception or call Ext 525

BREATHE & LET GO WITH SEA MAGIK - £10

Join Hayley, one of Sea Magik's experts and qualified Yoga Teachers for a session of 'Magik' movement and meditation. Through mindful movement to gentles stretch, reveal a new sense of freedom and clear your mind. Held Thursday at 4pm in the Heart + Soul Fitness Studio, Please book your space at Treatments Reception or call Ext 525.

BEAMFIT- 45 MINS - £10

This unique class combines yoga, Pilates and strength moves all performed on a soft beam on the floor for a whole-body, sensory exercise experience. Held Tuesday at 3:45pm in the Heart + Soul Fitness Studio, Please book your space at Treatments Reception or call Ext 525.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.