9<sup>th</sup> - 15<sup>th</sup> lune



# BEAUTY SHOP **ENJOY**

15% off in the Beauty Shop Spend over £150 and receive 20% off

This offer cannot be used in conjunction with any other offers or discounts. Valid for your visit to the Hall between 9-12th June. The discount applied to the Beauty Shop Retail products only.

looks.

### CLARINS MINI TREATMENTS MAKE-UP MASTERCLASS

9<sup>th</sup> - 12<sup>th</sup> June

- · Learn tips and tricks on how to Get the rosy glow
- · Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products.

#### A Gift For You

13<sup>th</sup> - 15<sup>th</sup> June

Purchase £100 or more Elemis and receive 'Glow boosting minis' gift. whilst stocks last.



## PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Monday - AROMATHERAPY **ASSOCIATES** 

Tuesday - ELEMIS

Wednesday - ELEMIS Thursday - CLARINS

Held in the Beauty Shop at 5:00pm

## **ELEMIS MINI TREATMENTS**

Do you feel stuck in the

same make-up routine?

Join our Clarins Expert as

they guide you through the

latest make-up trends and

£10 booking fee redeemable

when you purchase one or

more Clarins products after

the workshop. Held daily in

the Beauty Shop at 11.00am.

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- · Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

#### TREATMENTS

#### **EQUILIBRIUM MASSAGE - £75**

This treatment commences with specialised massage movements over the back, neck and shoulders, then progresses to conclude with your forehead and scalp, releasing any trapped tension.

## HIGHLIGHTS OF THE WEEK

### ART OF HAPPINESS

Thursday 12<sup>th</sup> June - 10.30am - The Retreat - £15

Join us for a guided journey to the centre of your being, nurturing the enchanted garden within. This experience can help you connect deeply with yourself, creating a sacred space for reflection and personal growth. Through guided meditation, you'll embrace the power of accepting your emotions, fostering a deeper relationship with your inner self.

You will also learn how to perform a candle ritual, providing you with a meaningful practice to take home and incorporate into your daily life. This focus on the ritual will help you cultivate a sense of peace and intention as you embrace the vibrant energy of spring.

## IN THE BALANCE TALK WITH DEAN HODGKIN

Thursday 12<sup>th</sup> June - 3.45pm - Soul Studio - Complimentary Most of us seek balance in many areas of life but it's particularly important when it comes to your body. A third of people over 65 suffer falls, often leading to a reduced quality of life, but it's crucial not to think of balance as purely a later years issue. Discover how balance affects you everyday, how it impacts your health and how to improve it to keep you fully functional for life.

> For more information and how to book your sessions, call 01664 433 043 or ext. 525.

We've been nominated in the Condé Nast Traveller Readers' Choice Awards 2025 under the catergory for



'Destination Spa'

To vote for us and to be in with a chance of winning a holiday\*, scan the QR code with your smart phone.



Voting closes 30th June 2025 \*Prize not affiliated with Ragdale Hall Spa

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303