# WEEKLY BULLETIN

Join the conversation **6** 

15<sup>th</sup> - 21<sup>st</sup> September

### THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

#### **BEAUTY SHOP**

#### A Gift For You

Purchase 2 or more Elemis and receive 'Glow & Go Edit' gift. Limited to one gift per customer, whilst stocks last.



#### ELEMIS MINI TREATMENTS

- · Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- · Best Foot Forward
- · Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products

#### CLARINS MINI TREATMENTS

- Get the rosy glow
- · Quick fix make up
- · Create stand out eyes
- · Get a perfect base

£25 booking fee, redeemable against the purchase of two full size Clarins products. I to be skincare.

# PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS Wednesday - ELEMIS Thursday - ELEMIS Held in the Beauty Shop 5:00pm

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

## HIGHLIGHTS OF THE WEEK

#### TREE OF LIFE GUIDED MEDIATION

Thursday 18th September | 3.00pm | Soul Studio | £15

Join Jenifer for an immersive sound meditation session that blends the uplifting tones of a mini hand drum with guided reflections on personal renewal and growth. Each session invites you to connect deeply with the world around you and explore its significance through soothing melodies.

As we welcome the energy of spring, we'll concentrate on emerging from winter's slumber and awakening our senses. We will connect with the rising sun and harness the vibrant energy of spring to recharge our bodies and minds.

#### **JUGGLING**

Thursday 18th September | 11.45am | Heart Studio

In today's wellbeing arena we are often encouraged to pursue 'mind-body' exercise and clearly juggling satisfies all the criteria being a combination of mental and physical activity. Tapping into an innate and often forgotten quality known as physical intelligence, it can serve to relieve stress, promote balance, agility and co-ordination in addition to enhancing your creativity and problem-solving skills.

### TREATMENTS

# BUCCAL SCULPTING FACE MASSAGE 40-MINUTES | £65

A unique treatment designed to enhance facial contours and relieve tension. Combining traditional facial techniques with an internal massage of the cheeks to target tightness around the jaw and temples. This treatment promotes smoother, firmer skin, reduces puffiness, and boosts circulation, leaving you with a refreshed, glowing complexion. Ideal for those seeking a natural lift.

## <u>CRYSTAL RETINAL AGE-DEFYING FACIAL</u> <u>60-MINUTES | £155</u>

A rejuvenating facial powered by Crystal Retinal and enhanced with a transformative sculpting massage. This facial is tailored to your skin's needs and is clinically proven to visibly reduce wrinkles, enhance radiance, and increase firmness in just one treatment.