



WEEKLY BULLETIN



5th - 11th May 2025

Join the conversation  

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You...

Purchase £100 or more Elemis products and receive 'Dewy Glow' gift. Limited to one gift per customer, whilst stocks last



ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

A Gift For You...

Purchase 2 or more Clarins products* one to be skincare or foundation and receive one of your 'Your Summer Beauty Gift'. whilst stocks last.



PREMIUM SKINCARE WORKSHOPS - COMPLIMENTARY

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - ELEMIS

Wednesday - CLARINS

Held in the Beauty Shop at 5:00pm

CLARINS MINI TREATMENTS

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase two or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

TREATMENTS

NEW - BUCCAL SCULPTING FACE MASSAGE - £65

A unique treatment designed to enhance facial contours and relieve tension. Combining traditional facial techniques with an internal massage of the cheeks to target tightness around the jaw and temples. This treatment promotes smoother, firmer skin, reduces puffiness, and boosts circulation, leaving you with a refreshed, glowing complexion. Ideal for those seeking a natural lift.

SOOTHE AND RESTORE SCALP RITUAL - £59

The soothe and restore scalp ritual begins with deep breathing and gentle movements to prepare the body for relaxation. The scalp is then massaged, combining a nourishing oil and a gentle massaging tool with hands on massage. A mineral-infused mud mask nourishes the hair and scalp whilst cocooned in a warm towel, as you enjoy a blissful neck and shoulder massage to release tension and enhance relaxation

HIGHLIGHTS OF THE WEEK

VIBE

Every Wednesday 9.45am & 10.45am - Complimentary.

Using a specially designed resistance tool that vibrates when moved, this low impact class targets your deep muscles to improve core stability at the same enhancing muscle tone and dialling up your coordination. Suitable for all fitness levels and abilities, benefits also include more resilient connective tissue and stronger bones helping to keep your joints healthy, mobile and fully functional.

BALANCE FIT -

Every Tuesday 10.45am & Saturday 8.45am - Complimentary.

This unique class combines yoga, Pilates and strength moves all performed on a soft beam that is 5 feet long, 6 inches wide but importantly, only 3 inches the floor, providing a safe way to master balance skills. In addition, you'll improve muscle tone, posture, and mobility through a gentle, whole-body, sensory exercise experience. Falls are a serious threat to quality of life as we age so don't miss this ultimate way to protect your health by improving your balance

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303