



# WEEKLY BULLETIN



24th March to 30th March 2025

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A Gift For You...

Available Monday to Sunday

Purchase 2 or more Elemis products and receive 'Refine and Rebalance' gift. Limited to one gift per customer, whilst stocks last



#### ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of **two full size ELEMIS products**

#### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - CLARINS

Booking fee is redeemable against **two** skincare products  
Held in the Beauty Shop at 5:00pm

#### ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop

£15 booking fee redeemable against the purchase of **two recommended products** after consultation.

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase **two or more Clarins products** after the workshop. Held daily in the Beauty Shop at 11.00am.

### TREATMENTS

#### SKIN SMOOTHER - £55

Intensive double exfoliation deep cleanses and retextures for a body that is super soft, supple and smooth so skin looks fresher, brighter and more even-toned. The final touch is a deeply conditioning application of body lotion or aromatic essential oils.

#### DRY FLOATATION THERAPY - £44

The flotation experience – float in your clothes – making you feel weightless and warm, this is the perfect way to relax after a strenuous day, or to prepare you for the exercise to come. You will also receive a relaxing scalp massage to enhance the experience.

### HIGHLIGHTS OF THE WEEK

#### CANDLE POOL SOUND MEDITATION - 8.30AM - £15

Every Monday, Tuesday, Wednesday

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation. This unique experience provides the perfect opportunity to reconnect with yourself, calm your mind, melt away stress, and restore balance to both mind and body.

#### ROLL, RELEASE, RELAX - 40 MINS - 4.15pm

#### COMPLIMENTARY

Every Tuesday and Saturday

Experience deep tension relief and enhanced mobility in this class that focuses on releasing tightness and discomfort in the body's connective tissues, or fascia, through targeted self-massage techniques and gentle stretching. Using tools like foam rollers and massage balls, together with your body's natural pressure, you'll learn how to release knots, enhance mobility and reduce chronic pain.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.