



WEEKLY BULLETIN



21st April - 27th April 2025

Join the conversation  

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A Gift For You...

21st – 24th April

Purchase £100 or more Elemis products and receive 'Dewy Glow' gift. Limited to one gift per customer, whilst stocks last



ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

PREMIUM SKINCARE

WORKSHOPS -

COMPLIMENTARY

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Held in the Beauty Shop at 5:00pm

A Gift For You...

26th – 27th April

Purchase 2 or more Clarins products* one to be skincare or foundation and receive our exclusive gift. Limited to one gift per customer, whilst stocks last. Excludes accessories.



CLARINS MINI TREATMENTS

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

TREATMENTS

BALINESE MASSAGE - £141

This powerful massage, originating from Indonesia, is the perfect choice if you are looking for long, strong, firm movements to boost poor circulation, release toxins and improve energy levels. Balinese massage is intuitively devised by your therapist to suit your individual needs and therefore no two treatments are identical.

NEW - BUCCAL SCULPTING FACE MASSAGE - £65

A unique treatment designed to enhance facial contours and relieve tension. Combining traditional facial techniques with an internal massage of the cheeks to target tightness around the jaw and temples. This treatment promotes smoother, firmer skin, reduces puffiness, and boosts circulation, leaving you with a refreshed, glowing complexion. Ideal for those seeking a natural lift.

HIGHLIGHTS OF THE WEEK

CLARINS CLEANSE AND STRETCH -

Tuesday 22nd April - 4.00pm - £12

Refresh your body and mind in this unique class designed in collaboration with Clarins, to promote wellness inside and out. This gentle, rejuvenating session combines self-care, deep stretching and mindful breathing to help you to detoxify and release tension.

HYPNOTHERAPY FOR STRESS AND ANXIETY WITH DR. HELI

Every Monday - 4.30pm - £35 - The Retreat

Join us for a transformative group hypnotherapy session focused on reducing stress, easing anxiety, and fostering a positive mindset. In a peaceful, supportive environment, Dr. Heli will guide you into a deeply relaxed state, using techniques to activate your subconscious mind, release tension, and shift towards positive thinking. Following the session, you'll have time for reflection to process your experience and insights. Leave feeling empowered, focused, and armed with the knowledge that the gift to overcome stress and anxiety is within you.

CANDLE POOL SOUND MEDITATION -

Every Monday, Tuesday, Wednesday 8.30AM - £15

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation. This unique experience provides the perfect opportunity to reconnect with yourself, calm your mind, melt away stress, and restore balance to both mind and body.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303