



# WEEKLY BULLETIN



Join the conversation  

23<sup>rd</sup> - 29<sup>th</sup> June

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A Gift For You

Purchase 2 or more Clarins products\* one to be skincare or foundation and receive our 'Big Beauty Collection' exclusive gift. Limited to one gift per customer, whilst stocks last. Excludes accessories.



#### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Held in the Beauty Shop at 5:00pm

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

#### CLARINS MINI TREATMENTS

- Plump & Hydrate
- De-stress & Glow
- Firm & Revive
- Rejuvenate & Replenish
- Nourish & Restore
- Energise & Soothe
- Feel Good moments
- Eye Ritual
- Complexion Perfection
- Lip Perfection
- Personalised Make Up Consultation

£20 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

#### ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop

£15 booking fee redeemable against the purchase of two recommended products after consultation.

### TREATMENTS

#### MICRONEEDLING - £108

Microneedling is a non-invasive rejuvenation treatment which harnesses your skin's natural ability to repair itself. Using very tiny needles to puncture the surface of the skin, it stimulates a healing response, causing your skin to kick start its collagen and elastin production. Microneedling is commonly used to improve the appearance of various skin concerns, including fine lines, wrinkles, acne scars, enlarged pores, and uneven skin texture.

### HIGHLIGHTS OF THE WEEK

#### HYPNOTHERAPY FOR STRESS AND ANXIETY WITH DR. HELI

Every Monday- 4.30pm - £35

Join us for a transformative group hypnotherapy session focused on reducing stress, easing anxiety, and fostering a positive mindset. In a peaceful, supportive environment, Dr. Heli will guide you into a deeply relaxed state, using techniques to activate your subconscious mind, release tension, and shift towards positive thinking. Following the session, you'll have time for reflection to process your experience and insights. Leave feeling empowered, focused, and armed with the knowledge that the gift to overcome stress and anxiety is within you.

#### VIBE

Every Wednesday 9.45am & 10.45am - Complimentary.

Using a specially designed resistance tool that vibrates when moved, this low impact class targets your deep muscles to improve core stability at the same enhancing muscle tone and dialling up your coordination. Suitable for all fitness levels and abilities, benefits also include more resilient connective tissue and stronger bones helping to keep your joints healthy, mobile and fully functional.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

We've been nominated in the  
Condé Nast Traveller Readers' Choice  
Awards 2025  
under the category for  
'Destination Spa'



To vote for us and to be in with a chance of winning a holiday\*, scan the QR code with your smart phone.



Voting closes 30th June 2025

\*Prize not affiliated with Ragdale Hall Spa

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303