



# WEEKLY BULLETIN



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10th February to 16th February 2025

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A Gift For You...

Available Monday to Sunday  
Purchase 2 or more Elemis products and receive 'Glow Boosting minis' gift.



#### ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of two full size ELEMIS products

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

#### ADVANCED 3D SKIN

##### ANAYLSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop

£15 booking fee redeemable against the purchase of two recommended products after consultation.

#### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - ELEMIS

Wednesday - ELEMIS

Thursday - CLARINS

Booking fee is redeemable against two skincare products  
Held in the Beauty Shop at 5:00pm

### TREATMENTS

#### WELLIBEING BEAUTY SLEEP MASSAGE - 75 MINUTES - £103

It's called beauty sleep for a reason because a lack of sleep can take its toll on your skin. But don't panic, using specially selected products and gentle massage movements on the body and face, we'll relax you from head to toe. By inducing a meditative state, you'll be simultaneously aware of every touch, whilst also in a dreamlike, zen space of relaxation. Expect immediate beauty results and long-term well-being benefits. Skin is soothed, radiant, and refreshed, whilst stress is diminished

### HIGHLIGHTS OF THE WEEK

#### CANDLE POOL SOUND MEDITATION - 8.00AM - £15

Every Monday, Tuesday, Wednesday

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation. This unique experience provides the perfect opportunity to reconnect with yourself, calm your mind, melt away stress, and restore balance to both mind and body.

#### TREE OF LIFE GUIDED MEDIATION - 4.00PM - £15

Thursday 13th February

As we enter the start of a new year, we'll focus on setting new intentions for the future much like planting spring bulbs in the fall as symbols of growth and renewal. Let the harmonious blend of sound and meditation support you in embracing the transformative power of this season.

#### SELF CARE, SELF LOVE - 9.30AM - COMPLIMENTARY

Friday 14th February

Experience and discover the ultimate ritual of Self-love & care with our Clarins Expert. This interactive sensorial session will introduce you to a full homecare routine of self-care products and rituals along with some top-secret hints and tips.

#### SELF LOVE- LOVE SKIN CARE RITUALS WITH ELEMIS - 2PM - COMPLIMENTARY

Tuesday 11th and Wednesday 12th February

Join Ewa our Elemis expert, who will be talking about new Elemis cherry cleansing balm and importance of allowing yourself time each day to look after the skin in your own bathroom to create spa like experience.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.