

WEEKLY BULLETIN

22nd January to 28th January 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Receive this **FREE** ELEMIS gift set when you spend £100 or more.



WORTH
£66.00

ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of **two** full size ELEMIS products

MAKE-UP MASTERCLASS

Would you like to learn how to create a new makeup look? Do you feel stuck in the same makeup routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks. **Held 11am daily in the Beauty Shop**

£10 booking fee redeemable when you purchase 1 or more Clarins products after the workshop.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

ELEMIS PREMIUM SKINCARE WORKSHOP - £10

Join our ELEMIS specialists at our VIP evening workshop. With expert advice on skincare and a chance to win an ELEMIS product too! **Held Tuesday and Thursday in the Beauty Shop.**

Booking fee is redeemable against 2 or more ELEMIS products, 1 to be skincare.

NEW

Two ELEMIS collections have launched for January 2024



- Pro Collagen Eye cream
- Pro Collagen Eye Revive mask

PRO COLLAGEN POWERHOUSE



- Pro Collagen Night cream
- Pro Collagen Marine Cream SPF30

CLARINS PREMIUM SKINCARE WORKSHOP - £10

Discover the perfect skincare routine with a free glass of wine and a chance to win a Clarins product too, it's not one to miss! **Held Wednesday at 5pm in the Beaut at 5pm in th.**

Booking fee is redeemable against 2 or more Clarins products purchased, 1 to be skincare.

TREATMENTS

NUMEROLOGY - 60 MINS - £60

During the session, the numerology practitioner will analyse and interpret the numerical values associated with names, and birthdates to gain insights into personality traits, relationships, and potential life paths. Different numerology systems exist, each with its rules and interpretations. subject to availability.

FLOATAWAY - 60 MINS - £54

Float away into deep relaxation with the power of chimes and singing bowls whilst cocooned in the Dry Floatation for a holistic sound healing experience. The dry flotation will give the body a sense of weightlessness, whilst the harmonious tones offer peace to your mind, body, and soul.

HIGHLIGHTS

FASHION SHOW

Join Carol, Trudy and Bizzle as they guide you through a fashion workshop, so you can update your wardrobe this season. You'll also receive a £10 voucher for attending, redeemable when you spend £60 or more in the Boutique.

Held Monday, Wednesday and Friday in the Lounge at 3pm.

DR. HELI, MIND, BODY MEMORY - COMPLIMENTARY TALK

Join Dr. Heli for a transformative workshop to learn about vitamin & minerals deficiencies while discovering the powerful impact of tailored nutrition, revealing ways to improve your overall wellbeing. **Held Monday in the Main Lounge at 2.30pm**
Please book your space at Treatments Reception or call Ext 525.

JOURNALING WORKSHOP - 45 MINS - £10

Join us to learn how to master this highly beneficial self-help practice. Writing down your feelings and setting goals can help to manage stress and track personal development. **Held Thursday in the Heart Studio at 3:45pm. Please book your space at Treatments Reception or call Ext 525.**

BEGINNING THE JOURNEY TO A NEW YOU - COMPLIMENTARY TALK

Learn to acknowledge the obstacles that prevent you from exercising regularly and discover the importance of adaptability adjusting strategies and seeking alternative routes. **Held Thursday at 2:00pm in the Heart Studio. Please book your space at Treatments Reception or call Ext 525.**

GIVE THE GIFT OF QUALITY TIME

Give them a gift they'll love the Valentines with a Ragdale Hall Gift Voucher. To purchase your vouchers online scan the QR code or call our team on **01664 433 030.**



For more information and how to book your treatments and sessions, call 01664 433 043 or ext. 525.