



# WEEKLY BULLETIN



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30th December to 5th January 2025

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP A Gift For You...

Available Friday to Sunday  
Purchase 2 or more Clarins products\* one to be skincare or foundation and receive one of your 'Skin Rituals'. Limited to one gift per customer, whilst stocks last. Excludes accessories.



### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

### MAKE-UP IN MINUTES WITH CLARINS

Book a 25-minute one-to-one make over with one of our Clarins expert and discover your new make-up must haves.

£20 booking fee, redeemable against the purchase of **two** Clarins products.

### CLARINS MINI TREATMENTS

Available Friday to Sunday

- Glow Revive Facial
- Expert Firming Facial
- Relaxing Hand Ritual
- Nourishing Foot Treatment
- Refresh Your Makeup

£20 booking fee redeemable against two or more Sea Magik PRO products.

### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Thursday - ELEMIS

Booking fee is redeemable against **two** skincare products  
Held in the Beauty Shop at 5:00pm

### TREATMENTS

#### HOT STONE MASSAGE - 25 MINUTES - £60

A uniquely personalised hot stone back massage that gently releases tension, soothes aching muscles, eliminates toxins, rebalances energy levels and calms mind and body. The therapist uses her hands in harmony with nine smooth, individually shaped, heat releasing marble and slate stones. The stones are an extension of the hands to rebalance the body's energy flow and relax muscles. The effect is intensified by relaxing aromatic essential oils.

#### BROW BOMB - 45 MINUTES - £54

An eyebrow lamination technique designed to style the eyebrows with precision. It has the power to reframe your face and transform your entire look. By softening facial features, this treatment can create the illusion of a younger, lifted, and beautifully symmetrical appearance, leaving you with perfectly sculpted brows.

### HIGHLIGHTS OF THE WEEK

#### SOUND BATHING - 45 MINS - £12

Monday 30th December

Embedded within many ancient cultures, using singing bowls, gongs, percussion, chimes and even the human voice to create deep state of both physical and mental relaxation. Bath in sound in this meditative class.

#### PILATES REFORMER TASTER SESSION - 45 MINS - £10

Saturday 4th January

An introduction to this popular equipment-based practice that improves strength, mobility, and posture through a range of dynamic but controlled movements.

#### NORDIC WALKING- COMPLIMENTARY

Sunday 5th January

Using specially designed poles, enhance your natural walking experience in our beautiful grounds. With a technique similar to the upper body action of cross-country skiing, this whole body exercise not only burns more calories than a standard walk, but can help improve your posture, reduce tension and strengthen your lower back.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.