

WEEKLY BULLETIN

Join the conversation 

29th September - 5th October

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

Flash sale

15% OFF

or spend over £150 and receive

20% OFF

all products

A Gift For You | 3rd - 5th only

PPurchase 2 or more Elemis and receive 'Hello Hydration' gift. Limited to one gift per customer, whilst stocks last.



ELEMIS MINI TREATMENTS | 3rd - 5th only

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£25 booking fee, redeemable against the purchase of two full size ELEMIS products

CLARINS MINI TREATMENTS 3rd - 5th only

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£25 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS

Wednesday - ELEMIS

Thursday - ELEMIS

Held in the Beauty Shop 5:00pm

HIGHLIGHTS OF THE WEEK

THE ART OF SELF REIKI

Every Wednesday and Friday | 12.00pm | Soul Studio | £15

Step into a peaceful, candlelit space and be guided through the Art of Self-Reiki, a gentle, meditative practice that empowers you to channel healing energy into your own body. Whether you're new to Reiki or deepening your practice, this session offers a chance to reconnect with yourself, restore balance, and experience a deeper sense of mindfulness.

Together, we'll move through a simple, accessible sequence of hand placements, breathing techniques, and mindfulness cues to awaken your body's natural ability to heal. You'll be gently guided to tune into your energy and leave with a self-care ritual you can carry into your daily life.

RESTORATIVE RELAXATION

Every Tuesday and Saturday | 5.00pm | Soul Studio

Unwind and recharge in this gentle session designed to help you to release tension and cultivate a sense of calm. Employing a mix of techniques to soothe both body and mind this class is suitable for all levels and ideal for anyone looking to recover, destress or simply find stillness in their day

TREATMENTS

CRYSTAL RETINAL AGE-DEFYING FACIAL
60-MINUTES | £155

A rejuvenating facial powered by Crystal Retinal and enhanced with a transformative sculpting massage. This facial is tailored to your skin's needs and is clinically proven to visibly reduce wrinkles, enhance radiance, and increase firmness in just one treatment.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.