

# WEEKLY BULLETIN

Join the conversation 

8<sup>th</sup> - 14<sup>th</sup> September

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

#### A Gift For You

Purchase 2 or more Clarins products\* one to be skincare or foundation and receive our exclusive gift. Limited to one gift per customer, whilst stocks last. Excludes accessories.



#### CLARINS MINI TREATMENTS

- Plump & Hydrate
- De-stress & Glow
- Firm & Revive
- Rejuvenate & Replenish
- Nourish & Restore
- Energise & Soothe
- Feel Good moments
- Eye Ritual
- Complexion Perfection
- Lip Perfection
- Personalised Make Up Consultation

£25 booking fee, redeemable against the purchase of two full size Clarins products. 1 to be skincare.

#### MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase one or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

#### PREMIUM SKINCARE WORKSHOPS - £10

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

Tuesday - CLARINS  
Wednesday - ELEMIS  
Thursday - CLARINS  
Held in the Beauty Shop 5:00pm

#### ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance.

Bookable via Beauty Shop  
£15 booking fee redeemable against the purchase of two recommended products after consultation.

### HIGHLIGHTS OF THE WEEK

#### WILD WALK

Every Wednesday at 12.00pm and Saturday 3.00pm | Outdoors

Focusing on walking technique and your natural environment can become a form of meditation in motion. In addition to sunlight providing essential vitamin D, a key ingredient for healthy bones, the great outdoors can re-energise your brain, calm adrenaline levels and create a sense of clarity.

(Please wear suitable outdoor footwear for all weather conditions.)

### TREATMENTS

#### SHIATSU

55-MINUTES | £94

Shiatsu is a traditional hands-on Japanese healing therapy. It can help in a wide range of conditions – from specific injuries to more general symptoms of poor health. Our highly experienced Shiatsu Practitioner will consider your state of health, the symptoms you are experiencing and, depending on your constitution and general energy levels, will use a variety of techniques to improve your energy flow. Shiatsu is a deeply relaxing experience and would be recommended as a one off to relieve a symptom or help prevent stress blockages.

#### SHIATSU BACK NECK AND SHOULDER

30-MINUTES | £60

Shiatsu is a unique therapy using a variety of Japanese techniques that will concentrate on areas of muscle tension in the back, neck and shoulders, helping to improve energy flow, release stress blockages and leaves you feeling totally relaxed. This treatment will work deep into the muscles and as a result may cause some soreness or discomfort during or after the treatment, and in some cases may leave a temporary mark or bruise.

Please be advised this treatment takes place on a massage chair through loose fitting clothing

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

For more information and how to book your sessions, call 01664 433 043 or ext. 525.