



# WEEKLY BULLETIN



19<sup>th</sup> - 25<sup>th</sup> May 2025

Join the conversation  

## THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

### BEAUTY SHOP

A Gift For You... Monday 19<sup>th</sup> of May

Spend of £50 or more on SeaMagik products receive the choice of ONE of the following full-sized products



Receive a **free** 50ml Pink Salt Shampoo & 50ml Pink Salt Conditioner when you **book** in for a Sea Magik Treatment

- Pro Ageing Mineral Facial
- Mud Scalp and Shoulder Soother
- Salt and Mud Foot Experience
- Salt and Mud Hand Experience

£20 booking fee redeemable against **two or more** Sea Magik **PRO** products.



A Gift For You... Tuesday 20<sup>th</sup> - Sunday 25<sup>th</sup> May

Purchase £100 or more Elemis products and receive 'Cleanse and Replenish' gift. Whilst stock last.



#### ELEMIS MINI TREATMENTS

- Pro-Collagen Facial
- Sculpting Neck and Jaw Treatment
- Revital-eyes Treatment
- Best Foot Forward
- Hand & Arm Treatment

£20 booking fee, redeemable against the purchase of **two full size** ELEMIS products

#### PREMIUM SKINCARE WORKSHOPS - COMPLIMENTARY

Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too!

**Tuesday** - CLARINS

**Wednesday** - ELEMIS

**Thursday** - ELEMIS

Held in the Beauty Shop at 5:00pm

### TREATMENTS

#### NEW - BUCCAL SCULPTING FACE MASSAGE - £65

A unique treatment designed to enhance facial contours and relieve tension. Combining traditional facial techniques with an internal massage of the cheeks to target tightness around the jaw and temples. This treatment promotes smoother, firmer skin, reduces puffiness, and boosts circulation, leaving you with a refreshed, glowing complexion. Ideal for those seeking a natural lift.

#### REFLEXOLOGY - £106

A complementary therapy which naturally balances the whole body. By using compression massage to the reflex areas of the feet, tension is released, circulation is improved and general feeling of wellbeing is achieved.

### HIGHLIGHTS OF THE WEEK

#### THE ART OF HAPPINESS

Thursday 22<sup>nd</sup> May - 10.30am - £15 - The Retreat

Join us for a guided journey to the centre of your being, nurturing the enchanted garden within. This experience can help you connect deeply with yourself, creating a sacred space for reflection and personal growth. Through guided meditation, you'll embrace the power of accepting your emotions, fostering a deeper relationship with your inner self.

You will also learn how to perform a candle ritual, providing you with a meaningful practice to take home and incorporate into your daily life. This focus on the ritual will help you cultivate a sense of peace and intention as you embrace the vibrant energy of spring.

#### IN THE BALANCE TALK WITH DEAN HODGKIN

Thursday 22<sup>nd</sup> May - 3.45pm - Soul Studio - Complimentary

Most of us seek balance in many areas of life but it's particularly important when it comes to your body. A third of people over 65 suffer falls, often leading to a reduced quality of life, but it's crucial not to think of balance as purely a later years issue. Discover how balance affects you everyday, how it impacts your health and how to improve it to keep you fully functional for life.

For more information and how to book your sessions, call 01664 433 043 or ext. 525.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303