

WEEKLY BULLETIN



17th March to 23rd March 2025

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

Available Monday to Friday

Purchase 2 or more Clarins products* one to be skincare or foundation and receive 4 of your 'Big Beauty Gift Treats'



CLARINS MINI TREATMENTS

- Get the rosy glow
- Quick fix make up
- Create stand out eyes
- Get a perfect base

£20 booking fee, redeemable against the purchase of two full size Clarins products. I to be skincare.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

ADVANCED 3D SKIN ANALYSIS - £15

Offering 8 comprehensive observation modes that allow you and your skincare professional to understand your skin's health, from the deepest layers to the surface. This in-depth analysis makes it easy to find the best skincare product for you and bring your skin back into balance. Bookable via Beauty Shop

£15 booking fee redeemable against the purchase of two recommended products after consultation.

MAKE-UP MASTERCLASS

Do you feel stuck in the same make-up routine? Join our Clarins Expert as they guide you through the latest make-up trends and looks.

£10 booking fee redeemable when you purchase two or more Clarins products after the workshop. Held daily in the Beauty Shop at 11.00am.

PREMIUM SKINCARE WORKSHOPS - £10 Join our Clarins or ELEMIS Experts at one of our VIP evening workshops. With expert advice on skincare and a chance to win a full sized product too! Tuesday - ELEMIS Wednesday - ELEMIS Thursday - CLARINS

Booking fee is redeemable against two skincare products Held in the Beauty Shop at 5:00pm

TREATMENTS

TOTAL SKIN RESET - £68

Experience a multi-action peel expertly designed to deliver visibly brighter, smoother, and radiant skin. This treatment includes three powerful exfoliation methods for instant results with minimal downtime. It is the perfect introduction to a professional peel, revealing a youthful and perfected complexion.

The treatment time includes a thorough consultation and aftercare advice.

MIRACLE FACIAL - £82

This relaxing facial treatment uses a brush cleanse to deeply cleanse and exfoliate leaving a softer, smoother, cleaner skin. A luxurious anti-ageing radiance boosting mask is then applied to the face to help improve elasticity, reduce the appearance of fine lines and wrinkles whilst your shoulders and scalp are massaged to ease away stresses and tension. Natural lifting techniques are used to massage the face and neck to help release expression lines and wrinkles whilst drawing away any puffiness, achieving a noticeably fresh and more youthful appearance to the skin.

HIGHLIGHTS OF THE WEEK

HYPNOTHERAPY FOR STRESS AND ANXIETY WITH DR.HELI Monday 17th March - 4.30pm - £35

Join us for a transformative group hypnotherapy session focused on reducing stress, easing anxiety, and fostering a positive mindset. In a peaceful, supportive environment, Dr. Heli will guide you into a deeply relaxed state, using techniques to activate your subconscious mind, release tension, and shift towards positive thinking. Following the session, you'll have time for reflection to process your experience and insights. Leave feeling empowered, focused, and armed with the knowledge that the gift to overcome stress and anxiety is within you.

CANDLE POOL SOUND MEDITATION - 8.30AM - £15 Every Monday, Tuesday, Wednesday

The Candle Pool Sound Meditation offers a peaceful escape, allowing you to unwind as the warm water, perfectly matched to your body's rhythm, eases away tension. As you float, surrounded by the glow of candlelight, the calming sounds of Tibetan singing bowls guide you into a state of mindfulness and deep relaxation. This unique experience provides the perfect opportunity to reconnect with yourself, calm your mind, melt away stress, and restore balance to both mind and body.