

WEEKLY BULLETIN

15th January to 21st January 2024

THIS WEEK'S OFFERS, EVENTS AND PROMOTIONS

BEAUTY SHOP

A GIFT FOR YOU...

Available Friday to Sunday

Receive FREE Clarins gift set, when you purchase 2 or more Clarins products, I to be skincare. Choose your favourite collection from:



ELEMIS PAMPER WORKSHOP - £10

Join our ELEMIS specialists at our VIP evening workshop. With expert advice on skincare and a chance to win an ELEMIS product too! Held Tuesday and Thursday in the Beauty Shop.

Booking fee is redeemable against 2 or more ELEMIS products, I to be skincare.

MAKE-UP IN MINUTES

Book a 25-minute one-to-one Clarins makeover to discover your make-up must haves and a fresh new look.

£20 booking fee redeemable when you purchase 2 or more Clarins products 1 to be skincare.

NEW

Two ELEMIS collections have launched for January 2024

· Radiance Boosting Facial

THE RESTORING COLLECTION

Sculpt Uplift Facial

E107

- · Soothing Hand Ritual
- Conditioning Foot Treatment
- Make-up in minutes

***£20 booking fee, redeemable against the purchase of two full size Clarins products. I to be skincare.



- Pro Collagen
 Eye cream
- Pro Collagen
 Eye Revive mask

PRO COLLAGEN POWERHOUSE



- Pro Collagen
 Night cream
- Pro Collagen
 Marine Cream SPF30

CLARINS PAMPER WORKSHOP -£10

Discover the perfect skincare routine with a free glass of wine and a chance to win a Clarins product too, it's not one to miss! Held Wednesday at 5pm in the Beauty Shop.

Booking fee is redeemable against 2 or more Clarins products purchased, I to be skincare.

For more information and to book your workshops or masterclass, visit our Beauty Shop or call Ext 303

TREATMENTS

NUMEROLOGY - 60 MINS - £60

During the session, the numerology practitioner will analyse and interpret the numerical values associated with names, and birthdates to gain insights into personality traits, relationships, and potential life paths. Different numerology systems exist, each with its rules and interpretations. subject to availability.

FLOATAWAY - 60 MINS - £54

Float away into deep relaxation with the power of chimes and singing bowls whilst cocooned in the Dry Floatation for a holistic sound healing experience. The dry flotation will give the body a sense of weightlessness, whilst the harmonious tones offer peace to your mind, body, and soul.

HIGHLIGHTS

LEADING THOUGHTS ON SKINCARE WITH CLARINS' JULIA - A CLEAR MIND TO RADIANT SKIN - 30 MINS - COMPLIMENTARY It's the perfect time to clear the mind and embark on a digital detox to refresh and rejuvenate. Our Expert from Clarins, Julia, will guide you towards a clearer mind and a radiant complexion achieving mental clarity for overall wellbeing. Held Thursday in the Lounge at 2.30pm Please book your space at Treatments Reception or call Ext 525.

DR. HELI, MIND, BODY MEMORY - COMPLIMENTARY TALK Join Dr. Heli for a transformative workshop to learn about vitamin & minerals deficiencies while discovering the powerful impact of tailored nutrition, revealing ways to improve your overall wellbeing. Held Monday in the Lounge at 2.30pm Please book your space at Treatments Reception or call Ext 525.

JOURNALING WORKSHOP - 45 MINS - £10

Writing down your feelings and reflections expressing emotions, setting goals or exploring your ideas can help to manage stress, organize thoughts and track personal development. Join us to learn how to master this highly beneficial self-help practice. Held Thursday in the Heart Studio at 2:00pm. Please book your space at Treatments Reception or call Ext 525.

GIVE THE GIFT OF QUALITY TIME

If you are looking for the perfect gift this Valentines, our vouchers start from £25 and are now available as an eVoucher too, giving you the chance to spend some quality time together. To purchase your vouchers online scan the QR code or call our team on 01664 433 030.





For more information and how to book your treatments and sessions, call 01664 433 043 or ext. 525.