

## Some of the top therapists in the country!

Award winning spa Ragdale Hall have recently held their annual Therapist of the Year Awards. With over 130 therapists employed and standards of training, professionalism and 'best practise' setting the benchmark for the whole industry, these awards are contested with enthusiasm and a high level of healthy competitive spirit!



Each therapist and the nine strong management and supervisory team are able to vote for their peers in a number of categories. In the words of one of the senior team " Ragdale therapists have a great deal of pride in their profession and where they work, they understand the part they play in the success of Ragdale and what affect a really good treatment can have on their guest's long term wellbeing. They want to look up to the best and work in a team where they can motivate each other to be better with every treatment they perform."

### Therapist of the Year 2011 – Sarah Louise Waters

Sarah Louise, from London was last year's Best Newcomer winner and this year wins the top prize! In only a year and a half, she has gained the respect of her peers and management team alike.

In the words of her colleagues "she is an all-round amazing therapist.....she is always professional.....she motivates and looks after everyone"

Congratulations to Sarah Louise for winning this great honour.



### Holistic Therapist of the Year 2011 – Jon Jarvis

Local man, Jon Jarvis from Melton Mowbray has worked at Ragdale for over twenty years apart from a short period away over ten years ago. As both a fitness instructor and holistic therapist, he has a wealth of experience and knowledge and is particularly admired by his colleagues for his good advice, helpful nature and kindness.

Shiatsu is his specialist treatment but he also teaches swimming, fencing and archery to Ragdale guests.

Jon enjoys a great following of appreciative guests who have built up a strong rapport with him over his time at Ragdale.



Other winners:

**Best Motivator – Sarah Bendall (a previous Best Newcomer winner)**

“Bubbly, cheerful, enthusiastic.....she raises others’ spirits”

**Best Team Player – Louise Chambers**

“She is always willing to help others”

**Best Newcomer – Sarah Morgan**

“A natural with guests, always positive and really friendly”

**Best Code of Dress – Jenny Hallett**

“She is the perfect example of a Ragdale therapist”

Winners received Champagne, flowers, chocolate and the admiration of all their peers.



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