

Press release

October 2009



When serious girlie-time and pampering is needed head for Ragdale Hall!!



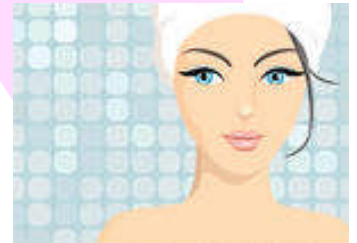
Whatever the reason, be it stress at work, man troubles or just needing to chill out, every so often we all need some serious girlie-time and pampering!



Ragdale Hall have two great value new spa day packages available for a limited period only, this autumn and winter .



To view Ragdale's new video brochure



<http://www.living.tv/player.php?region=leicesterrutland§or=healthleisure&item=ragdalehall>

Call us now to arrange a competition, reader offer or to try out one of these fabulous girlie days for yourself.

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