

Ragdale Hall

health hydro and thermal spa

Ragdale Hall's guests are loving



Since October last year, Ragdale Hall, the award winning Leicestershire health spa has been offering their guests something new and really unique.

Li'Tya face and body care products are based on the ancient knowledge held by the indigenous people of Australia. For more than 40,000 years, the aboriginal people of Australia have held the world's oldest continuous living tradition of sacred knowledge, known as 'Dreamtime'. It is from this Dreamtime that all aspects of aboriginal life is derived and rules the deeply respectful relationship between themselves and their environment.



Li'Tya (meaning 'of the earth') harnesses the earth's healing elements with the use of the purest native plants, flowers and fruits, to produce the most exquisitely natural products. Natural resources are, however, protected by restricting harvesting and working with local organic farmers. Packaging also plays a part in the respectful responsibility for the natural environment – it is functional, minimal, biodegradable and recyclable, this aligns with the aboriginal philosophy of 'treading lightly upon the earth'.

Ragdale have dedicated six treatment rooms to Li'Tya and have added eight fabulous treatments to their menu including the ultimate Li'Tya The Dreaming, the three hour signature face and body treatment.

To ensure Li'Tya's aboriginal teachings remained true to their source, training for a selected few of Ragdale's therapists was carried out by Li'Tya's head indigenous trainer, Anne Warren. A highly respected elder of the Ya'idt – midtung people, Anne educated the therapists on the source, traditional use of and application methods of the natural ingredients.

Ragdale were honoured to have Gayle Heron, Li'Tya's founder and creator with us from Australia for the launch, along with their head native aboriginal trainer Anne Warren (pictured here with Ragdale's owner Michael Isaacs).





Guest comments have been:

"I especially enjoyed one of the new treatments Miji Jina (foot treatment) - very pleasing, very relaxing and enjoyable. The therapist Helen was very helpful with advice too!"

"My Marta-Kodo (rhythmic body massage) was a wonderful experience! I congratulate you on choosing such a harmonious new form of treatments for Ragdale, I wish you every success with it. It was great to meet Anne Warren."

And a reviewer from the Good Spa Guide said:

"During the Mikiri Facial, every product the therapist applied made me comment - unusual for me. Instead of drifting off, at every new stage brought "Wow, what's that?" or "That smells fantastic" or laterly just a submissive "mmmm....." Since the facial and using the products, my skin is noticeably clearer than usual. I've worn no make-up all week - and that is probably the best recommendation I could give a facial as I rarely see its effects lasting past the first day. The experience itself was special, and I was smiling gently to

myself for a few hours afterwards, which I understand is a common, and happy side effect."

For further information or to arrange an opportunity to experience Li'Tya for yourself, please contact:

A handwritten signature in black ink that reads "Vicki Taylor".

VICKI TAYLOR
Marketing Manager