



Ragdale Hall
health hydro and thermal spa

COUNTRY CLUB INFORMATION

We hope the following information will provide you with details of the extensive facilities on offer and the benefits, discounts and privileges of Country Club membership at Ragdale Hall.

Everything on offer at Ragdale Hall is designed to make your time as a member as enjoyable as possible; whether your interest lies in reducing stress levels, improving your fitness or simply relaxing and being pampered.

We currently offer two types of membership:

Full	Seven Days	7.30 am – 10.00 pm
Evening	Seven Days	5.00 pm – 10.00 pm

ENTITLEMENTS:

As a Country Club member you are entitled to 10% discount off the following (within membership hours):

- ❖ Beauty Treatments
- ❖ Purchases over £5 in the Boutique and Beauty Shop
- ❖ Hair Styling, Treatments and Products – complimentary consultations are available
- ❖ Sports Coaching
- ❖ Cholesterol Tests & Body Composition Tests
- ❖ Lunch and Dinner in the Dining Room

exercise studios. In addition a dedicated Exercise Pool hosts classes and provides for independent use. The gym is fully equipped with free and fixed weight machinery, cardiovascular equipment and stretch trainers. There is also a wide range of classes on offer which are included in your membership, choose from:

- Aqua based classes in the Exercise Pool
- Mind body type classes
- Dance themed workouts
- Body conditioning
- Aerobic classes

You will be given a one hour complimentary induction on commencing your membership with a Fitness Instructor. Personal training is also available at an extra cost.



Open daily from 7.30am – 9.30pm

OUTDOORS



- ❖ Mountain Bikes
- ❖ Heated Swimming pool (Summer only)
- ❖ Tennis Courts
- ❖ Croquet
- ❖ Pitch and Putt
- ❖ Boules
- ❖ Peaceful Gardens

You are free to use any of the above facilities at your leisure during your membership hours.

THE SPA

- ❖ 25 metre swimming pool with cascade and massage jets for the lower back, shoulders and feet



You'll find yourself cocooned within a sanctuary of warm, calm and nurturing energies featuring 12 luxurious and unique heat and water experiences including:

- ❖ Candle Pool
- ❖ Indoor/Outdoor Waterfall Pool
- ❖ Thought Zone
- ❖ Colour Flow Cave
- ❖ Volcanic Salt Bath
- ❖ Scented Room
- ❖ Rose Sauna
- ❖ Ice Niche
- ❖ Cave Shower and experience showers

Open from 9.00am until 10.00pm.

All of the spa facilities, apart from the Thermal Spa, are open daily from 7.30am until 10.00pm

Towels are freely available and robes can be borrowed free of charge from Reception.

HEALTH

We offer Cholesterol Tests, Body Composition Tests, Healthy Eating and Vitamin advice, we also offer the Menopause Awareness package.

CHANGING FACILITIES



massages and facials. In addition we have a range of exclusive treatments available only at Ragdale Hall – there is something to suit everyone. Please see the enclosed brochure.

Treatments must be pre-booked at least 14 days in advance and secured with a credit card but then must be pre-paid at Reception on arrival to the Hall. Certain alternative therapies are subject to availability.

HAIR STUDIO

The Hair Studio team are available to provide all of your styling needs, from the latest cutting and styling techniques to colouring and highlights. Complimentary consultations are available to discuss all aspects of your hair care regime. Also, all new members receive a complimentary cut and blow dry. We use the Phytologie product range and have regular offers and promotions taking place.

Open daily from 9.30am – 6.00pm

FOOD AND DRINK

DINING ROOM

The Dining Room offers a fantastic range of dishes and wine for you to choose from. You are welcome to be accompanied by up to 2 guests. Please book in advance.



Three course buffet lunch is served daily from 11.30am – 1.45pm
Three course evening meal is served daily from 6.00pm – 8.15pm

VERANDAH BAR

Serving fresh juices, teas, coffees, smoothies, cakes and meals made to order throughout the day.



Open daily from 8.30am – 10.00pm

RETAIL THERAPY

BEAUTY SHOP

The Beauty Shop offers products from international skincare companies such as Elemis, Clarins, Decleor, SpaFind, Leighton Denny, Dior and Li'Tya. The staff in the Beauty Shop are all qualified therapists and are available to advise you on skincare and make-up. Each product house has regular promotions at Ragdale, which you are entitled to take advantage of.

Open daily from 9.00am - 6.30pm

BOUTIQUE

Adjacent to the Garden Room, the Boutique sells clothing, accessories, lingerie, jewellery, shoes and essential toiletries.

Look out for details of workshops and promotions.

Open daily from 9.30am – 7.00pm



GIFT SHOP

Within the Gift Shop there is a fantastic selection of gifts for all occasion including jewellery, children's toys, homeware and

charge, currently £35 for Evening members and £40 for Full members. Please contact Main Reception in advance to check availability as we allow a maximum of six member guests per day.

Staying overnight: In addition we also offer an exclusive Country Club Overnight Break available at short notice. You may stay for one night for £79 in a single room or £69 per member sharing a twin room with dinner and breakfast included. Bookings can only be made seven days prior to arrival and are subject to availability.

Keeping you up to date: We will keep you up to date with all the latest Ragdale and Country Club news via regular newsletters, the Country Club members section on our website, social and informative events and themed weeks throughout the year.

HOW TO JOIN

Please contact our Country Club Co-ordinator on 01664 433001 or countryclub@ragdalehall.co.uk who will be delighted to discuss all aspects and availability of membership.

On joining you will receive a voucher for two people to have lunch or dinner in the Dining Room and a voucher entitling you to a complimentary cut and blow dry in the Hair Studio.

The current prices for annual membership are: -

	Single	Joint
Full:	£1175	£1880
Evening:	£ 805	£1305

There is also a one-off joining fee of: -

	Single	Joint
Full:	£200	£100

Joint membership can only be accepted on the basis that both members reside at the same address or are immediate family members.

Please note all fees/subscriptions are non-refundable.

Membership is subject to the conditions of membership.

CONDITIONS OF MEMBERSHIP

1. On entering the Hall, Members must sign in. On leaving the Hall, Members must also sign out.
2. Your valid membership card must be carried at all times and produced for all purchases and when requested by staff members, otherwise entry or discounts will be refused.
3. Renewals are due on or before the first day of the joining month. A surcharge will be levied for any late payments.
4. The conditions of joint membership are; direct family or cohabiting at the same address, evidence of which will be required.
5. We reserve the right to refuse membership applications and renewals or to suspend/terminate membership without notice or reason.
6. It is the responsibility of the Member to inform Ragdale Hall of any changes to include change of name, address or change in health status.
7. Members may use the facilities between the agreed hours of membership. However, Ragdale Hall reserves the right to withdraw access when special booking promotions occur or maintenance closure is a necessity. Members will be notified as soon as is reasonably practical.
8. Members may pre-book up to 2 guests to visit Ragdale Hall at an additional charge. You must accompany your guests at all times and only during your membership hours. Guests are not entitled to discounts.

not exceeded. In the event of over subscription, residential guests will take priority over Members.

12. There may be occasions when advertised promotions or offers are not available. In these circumstances Ragdale Hall reserves the right to vary, cancel or offer amendments without prior notice.
13. Ragdale Hall does not offer credit facilities. An administration charge will be levied for any account not settled on departure.
14. We would request you do not bring valuables to the Hall. Ragdale Hall will accept no liability in the loss or damage of personal property, which should be covered by your own insurance.
15. Please park in the main car park and be aware that vehicles are left at your own risk. Ragdale Hall will accept no liability for damage to vehicles whilst parked in the grounds. Please do not park in the disabled bays unless permitted to do so. No parking is allowed at the front of the Hall
16. Members are requested not to:
 - Bring any food or drink, or illegal or dangerous substances in to the Hall or grounds
 - Attempt to sell or supply services/products to other Members, staff or guests
 - Bring in to the Hall or grounds children under the age of 16 or any pets
 - Use mobile phones or laptop computers
 - Smoke anywhere other than the Smokers Gazebo in our grounds
17. Compliance with conditions of membership and observing the peaceful atmosphere at the Hall is paramount.
18. The gymnasium and swimming pools are supervised throughout most of the day. Members are recommended to seek assistance during these periods, if required, and advised not to use the facilities at unsupervised times unless fully conversant with and confident to use such in a safe manner.
19. Ragdale Hall reserves the right to make temporary and/or permanent changes to the range of services and facilities at any time, without seeking members consent.

We look forward to hearing from you shortly.