

Hello everyone and Merry Christmas!

After a really mild autumn, I think we are all bracing ourselves for a cold spell but with Christmas only a few weeks away now, with any luck it will wait till after the holiday period.

Let's hope your preparations are well underway so that you can enjoy the festivities and still have some time to use your membership too.

It was wonderful to see so many of you at the recent country club evening and we hope you were pleased with your purchases!

You will be pleased to hear that we raised **£360** for **LOROS** with the guest fee. Thank you.

As is understandable, we review subscriptions annually and there will be a necessary increase (but below inflation) from January. Please rest assured, we are ever conscious of the economic squeeze and therefore with your renewal next year, you will receive a pack of money off vouchers and discounts for varying services available.

We also have **held** prices for your **guest fees (£45 during the day and £37.50 for evenings)** and also for **lunch and dinner in the Dining Room for next year (at £16.15 for 3 course lunch and £22.45 for 3 course dinner – very reasonable)**.

**We are also working on being able to take renewal payments online via our online shop by early next year which will provide a quick, efficient and secure service.**

To make sure all our records are up to date, we would be grateful if you would fill in the enclosed form and return it, or email us your details (countryclub@ragdalehall.co.uk).

From all of us at Ragdale, I wish you and your family a very Merry Christmas and a Happy and Healthy New Year.

Cheers!

**PAUL McGREGOR**  
Country Club Manager

**Please note: We are happy for members to visit and use the facilities on Christmas Day (please check the fitness timetable and opening times before hand) however, we are unable to offer meals that day and will not be offering a guest facility. This also applies to the evening of New Year's Eve.**

**Don't forget the members' Pre Christmas Fitness Challenge ends on Sunday 19th December. Push yourself to get fit for Christmas!**  
**See the Fitness Team for details.**



## **Make it Happen**

For the seventh year running we have joined forces with The Melton Times to give local good causes the chance to apply for part of **£10,000** we have allocated to try and help the **local community**.

From a total of 40 applications, Ragdale's staff chose 21 local groups to be recipients of a share of the community chest. Over the last seven years, we have given a total of over **£72,000** to a wide variety of local groups, giving them the chance to 'Make it Happen'. Kylie Pentelow, BBC East Midlands news presenter and Ragdale regular presented the cheques.

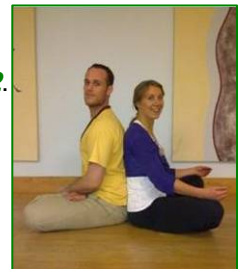


## **Treatment Vouchers**

**The perfect gift for a Country Club Member – give them their favourite treatment to savour and enjoy!**

## **Yoga Retreat**

New for Ragdale is a **Yoga Retreat** we are staging from **21<sup>st</sup> to 23<sup>rd</sup> June 2012**. Ideal for beginners or enthusiasts alike, it will be lead by Kerry Clarke, a Ragdale regular and professional yoga teacher and our own holistic therapist and yoga teacher Danny Allman. This is a two night break inclusive of all meals, a choice of treatments, five yoga sessions, talks and meditation workshop and is from **£295** per person.



## **Future plans**

You might have noticed some building work going on on some land we have purchased from our neighbouring farmers – it is a new laundry and some storage – you wouldn't believe how many towels, robes, sheets and tablecloths we have to wash every day!

Work will commence in 2012 on a beautiful new relaxation area in the rear garden to be called the Pavilion. A full refit of the Boutique is also planned.



## **Fit Flop Boots**

We have three styles now in – not only are they really smart, you get a workout while you walk! **£15 off.**



## Elemis December Treatment Offer

Book any two individual Elemis treatments in December and take home a FREE unisex deluxe robe worth £60. Perfect for keeping you warm this festive season!



### Get ready for the party season with an X Factor sparkle!

Follow our easy steps to give you that extra factor!

**BODY:** Fake Bake – Dazzle at your big event! This is a hassle-free self tanning treatment which will leave your skin silky smooth with a radiant glow! **£53**

**HANDS:** Leighton Denny Immaculate Manicure – 55 minutes of pure pampering delivering show stopping hands and nails. **£48**

**TOES:** Leighton Denny Pristine Pedicure – Finish off the look... Prepare those party feet to make you feel fabulous! **£54**

Book all three treatments for the amazing price of **£130** (normal price £155) Contact our Treatments Advice Team on 01664 433043 quoting XFACTOR



### Lots of parties to go to and want a glamorous new look?

#### Eyebrow Threading, 25 minutes - £18.00 (Members price - £16.20)

Achieving a shape that flatters and enhances your features can radically alter your appearance, so put your tweezers down and hold on the plucking!

Threading is the ancient method of hair removal originating in the Eastern world. In more recent times it has gained popularity in Western countries.

The therapist uses pure, thin, twisted cotton thread which is rolled over untidy areas of unwanted hair, plucking the hair at the follicle level. Unlike using tweezers, where single hairs are pulled out one at a time, threading can remove an entire row of hair, resulting in a straighter line.



#### Minx Madness, 40 minutes - £34.00 (Members price - £30.60)

Minx is a must-have fashion accessory; celebrities wouldn't go to a red carpet event without it. Minx is a quick, easy, effective and glamorous alternative to nail polish. The treatment begins with preparation of the nails and cuticles. Your nails are warmed under a heat lamp to allow the Minx to adhere to the nail. A choice of fashionable colours and designs will then be applied to give your nails a customised new look!



#### Nail Art, 40 minutes - £34.00 (Members price - £30.60)

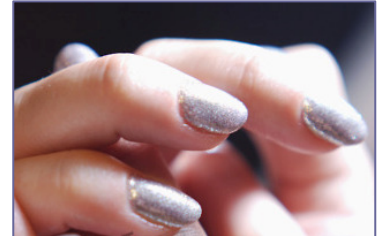
Colourful nail designs are used to create a unique and individual look. This creative treatment combines nail care and accessorising using nail art. The treatment includes a nail paint using Leighton Denny polish and a nail art design on four nails.



#### Rockstar Nails, 40 minutes - £34.00 (Members price - £30.60)

Rock your nails with this season's must-have.

Nails are filed and cuticles pushed back, followed by an application of Shellac polish. Shellac goes on like a polish and is cured under a UV lamp to wear like a gel. Choose from a range of glamorous glitters to be applied over your Shellac colour! Glitzy and gorgeous.



#### Book now or miss out!

Book your hair appointment for Christmas Eve or New Years Eve without delay – we are getting very booked up.  
Telephone: 01664 433052.



#### GHD Straighteners

Buy a pair of must-have GHD irons for a great Christmas present for yourself or a loved one and receive a **free Phyto Conditioning Treatment worth £18**. Offer ends 24<sup>th</sup> December 2011.



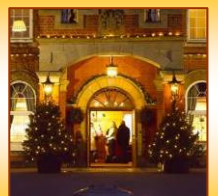
#### New in the Verandah Bar

A new selection of cakes is now on sale along with hampers of high quality local Leicestershire produce – a great gift for a foodie!



Ragdale Hall vouchers are the perfect Christmas present.

The gift of relaxation and me-time-perfect!



#### Christmas Shopping Opening Hours:

Beauty Shop 9 – 6.30 seven days a week  
Gift Shop 10 – 7 seven days a week  
Boutique 9 – 7 seven days a week  
Hair Salon 9 – 6 seven days a week

Do call in at your convenience

If you have any questions regarding anything you have read in this newsletter or just generally, please do not hesitate to contact Paul McGregor, Country Club Manager on 01664 433001 or email [countryclub@ragdalehall.co.uk](mailto:countryclub@ragdalehall.co.uk)